



October 2014 Newsletter For Children & Young People with Additional Needs (0-25yrs)

Fiz offers a Free Impartial Information & Signposting Service for Children and Young People (up to 25 years) with Learning Difficulties or Disabilities and their Families.

- Provide families with information on activities, events, news and issues that are relevant to their needs.
- Issue regular newsletters.
- Support parents to find appropriate childcare or day care services.
- Support parents to access alternative funding to meet family needs.
- Benefit Health Check – this informs families of potential benefits that they may be entitled to.

Contact: Telephone 01983 821999, Email:familyinfozone@iow.gov.uk,

Or drop in at 11 Orchard Street, Newport PO30 1JZ (by the bus station & Lord Louis library) 9.30am to 4.00pm Monday to Friday (excluding public holidays). No appointment necessary.

 Find us on
Facebook [facebook.com/iwfiz](https://www.facebook.com/iwfiz)



Short Break Activities

The Short Breaks service on the Isle of Wight provides a range of fun and exciting activities and opportunities for children and young people with disabilities and/or additional needs.

These activities range from after-school, evening, weekend and during the school holiday for children and young people (0-19th birthday). These activities provide a 'short break' for the family or carer whilst their child or young person is participating in a safe and fun activity which meets their needs.

In order to participate in any of the short breaks activities you must meet the eligibility criteria. Your child or young person is eligible to access the Short Breaks programme if they;

- Have a disability and/or additional needs and may require support to participate in leisure and recreational activities.
- Are aged between 0-18 years (upto the 19th birthday).
- Live on the Isle of Wight and/or attend a school on the Isle of Wight.

If you have any questions or are unsure what support your child may be entitled to, then contact the Family Information Zone (FIZ).

How to Register for Short Breaks

You will need to register for a gateway card to use any activities funded by our short break programme. You will also need to show activity providers your child's gateway card when booking/attending.

Each gateway card contains a unique reference number which will be specific to each child or young person.

Gateway card benefits

- Gives your child or young person access to a range of short breaks activities.
- Enables your child or young person and family to book our Short Breaks facilities (caravan, beach hut and lodge).
- The gateway card identifies to activity providers that your child or young person has a disability and/or additional needs and may require support to participate within the activity.
- The information you provide helps us plan short breaks so that there is a fair distribution across the Isle of Wight

Parents/carers and siblings do not require a gateway card to support their child or young person in accessing the Short Breaks programme.

For more information and to apply for a gateway card go to www.iwight.com/shortbreaks or contact: Family Information Zone (FIZ) 11 Orchard Street, Newport Isle of Wight PO30 1JZ. Tel: 01983 821999.

Short Breaks Taster Sessions

Short Breaks taster sessions

Short Breaks child supporters offer one-to-one support along with a wheelchair accessible car to support children and young people participating in an activity of their choice for up to four sessions.

To receive Short Breaks taster sessions a representative from a public, commercial or voluntary organisation must refer the child or young person to the Short Breaks team. This includes; general practitioners, activity leaders, CAF lead professionals, Family Information Zone officers, teachers, teaching assistants, Short Breaks providers and many more.



Listed below are the current Short Break Activities www.iwight.com/shortbreaks

NEW!!

Boomwhacker Orchestra at the Isle of Wight College **Ages: 11 - 18**



Come and be part of a Boomwhacker orchestra!! Each session will be practicing using Boomwhackers to create music. These plastic tubes are colour coded to particular notes making them easy to play. They are versatile and it is simple to play popular tunes as well as composing original tunes as a mini group. The group will also be working towards a mini performance as a Boomwhacker orchestra which may involve other simple instruments such as drums, shakers, kazzoo's etc.

4.30pm – 6.30pm Cost: £3

Autumn Term Dates: Tuesdays during November – 4th, 11th, 18th & 25th
Tuesdays during December – 2nd, 9th & 16th

Contact: Julie Bell or Jane France Tel 01983 550811 Email: Julie.bell@iwcollege.ac.uk or jane.france@iwcollege.ac.uk

NEW!!

Cookery Fun at the Isle of Wight College **Ages 11 – 18**



Cookery fun at our cookery school. Come along and take part in a fun cookery session. In the Autumn term making cookery items in preparation for the festive period and in the Spring term preparing a range of items chosen by the young people.

4.30pm – 6.30pm Cost: £4

Autumn Term Dates: Tuesdays during November – 4th, 11th, 18th & 25th
Tuesdays during December – 2nd, 9th & 16th

Contact: Julie Bell or Jane France Tel 01983 550811 Email: Julie.bell@iwcollege.ac.uk or jane.france@iwcollege.ac.uk



NEW!!

Natural Enterprise

Wild art In the Wood

Castle Copse, East Cowes

Activities to be tailored to attendees but based around: Woodland wildlife encounter; painting with nature's colours (charcoal, berries, mud etc); tree dressing and clay tree faces; sensory activities (eg, hug a tree, scavenger hunt, rope walk, Mirror treetop walk); headdresses and masks made from natural materials and put on a fashion show.

Older age group: Practical conservation/habitat management activity; willow whittling (with potato peelers).

Thursday 30 October 2014 (5-10yrs) and Friday 31 October 2014 (11-15yrs). Both events 10am to 1pm.

Cost: £5 per child



Contact: Carol Flux or Tracy Underwood.

Tel: 01983 296244 Email: carol.flux@naturalenterprise.co.uk or tracyunderwood@naturalenterprise.co.uk
www.naturalenterprise.co.uk



Sallywags Holiday Fun Club

Children aged 3-16 years are welcome.

Please ensure that you discuss any additional support needs for your child with Sarah Wherry at the time of booking.

Sallywags Fun Club will be open this October half term Monday 27th October to Friday 31st October

Sessions from 8am – 6pm

Fees: All day fee is £22 per child.....2 siblings is £40.....3 siblings is £60
3 hour session is £7 per child.....2 siblings is £13.00.....3 siblings is £19.50

Additional hours are £3 an hour per child

We have 2 clubs:

Nine Acres Primary school in Newport
Broadlea Primary school in Lake.

Please contact Sarah Wherry on 01983 530433 or 07977 709088



St Catherine's
Together a voice, a future

St Catherine's Girls' Night Ages 12 – 18

Girls night is an opportunity for 12-18 year olds with additional needs to meet new friends and learn new skills including Arts & Crafts and Hair & Beauty in a fun, friendly and relaxed environment.

Numbers are limited so please book in advance. Every Thursday 6pm to 8pm during term time.



Girls' Night
For 12 to 18 year olds with
additional needs

Thursdays 6.00 - 8.00pm

★ **Arts & Crafts** ★ **Hair** ★ **Beauty** ★
★ **Photography** ★

**Have fun learning new skills, meeting new friends
and making a range of goodies to take home.**

£4 per week.

Booking is essential. To reserve a space and for more information please
contact Becky Laidler.

Tel: 01983 852722.

Address: The Work Station, Ventnor Industrial Estate, Isle of Wight, PO38 ITT
In partnership with the Isle of Wight Council's Short Breaks Team



The Work Station is run by



Reg Charity No: 288148

Cost: £4

Contact: Becky Laidler Tel:01983 852722 Email: becky@stcatherines.org.uk



Goodleaf Tree Climbing – Special Branch Ages 8 – 18

Special Branch is an innovative and pioneering collection of woodland adventures for young people with a disability.

Created by Challenge and Adventure and Goodleaf, we work together to provide Woodland days in Parkhurst Forest. Depending on ability, weather and need activities may include: tree climbing, orienteering, backwoods cooking, woodcraft, tree identification, tracking and navigation exercises, sensory trail, shelter building and overnight stays in the forest.

Special Branch dates:

Woodland Days - tree climbing, shelter building, campfire cooking, rope skills and navigation. For ages 8 and over:

Sunday 2nd November 10am – 4pm
Sunday 29th March 10 am – 4 pm
Cost: £15 per person to include lunch

Siblings over 8 welcome

Ts & Cs.

An adult needs to stay on the ground whilst the young person is tree climbing, they can be left for the rest of the day. Activities may change depending on conditions. Payment is in advance and a place is confirmed once payment and paperwork has been received.

To book or for more information, contact Abigail on info@goodleaf.co.uk or call 0333 800 1188.



Inspirational Arts Ages 0 – 18 years

Free flow arts and crafts activities, sensory play items

Term Time: Mondays at Medina House School from 3pm – 5pm. Cost £5 Siblings welcome

Half Terms & Holidays:

Every Monday (excluding Christmas Break) 12.30pm – 3.30pm at Gunville Church Hall, Gunville
Cost £6

Parents welcome but not expected to stay.

Contact: Lindsey 01983 629453 Mobile: 07545 036234 email: inspirational.arts@live.co.uk



Premier School Sport Coaching at Sandown Bay Academy **Ages 5 - 15**

A carefully selected and exciting sports programme every other Saturday .

All sessions are at Sandown Bay Academy.

Half day: £10 (10.30am to 12.30pm, or 1 to 3pm)

Full day: £20 (9am to 3pm – Includes a supervised lunch time. Pack lunch required).

Climbing and trampolining: 4 and 18 October.

Cycling and dance: 1 and 29 November, 10 January, 7 February and 7 March.

Archery and trampolining: 15 November, 13 December, 24 January, 21 February, 21 March.

Holiday sports programme.

We can provide additional support for children with disabilities to integrate them in our school holiday programme. Activities include climbing, trampolining, archery, dance, laser combat and bush craft.

Half day: £10 (10.30am to 12.30pm, or 1 to 3pm)

Full day: £25 (9am to 3pm – Includes a supervised lunch time. Pack lunch required).

Sandown Bay Academy:

27, 28 and 29 October, 22 and 23 December, 16, 17, and 18 February and 30 and 31 March.

Oakfield Primary School:

27 and 28 October, 22 and 23 December, 16 and 17 February and 30 and 31 March.

Siblings welcome

Booking essential. Contact: Donna Day Tel: 07810693182

Email: premierschoolsportcoaching@hotmail.co.uk

www.premierschoolsportcoaching.com



Island Youth Water Activities Centre **Ages 8 - 18**

IYWAC is offering one-one watersports instruction in dinghy sailing and/or kayaking. No specialist equipment required, fully trained staff to guide you through learning a new sport.

Cost £30 for a 3 hour session

On the western bank of the River Medina in Cowes we have easy access to safe sheltered waters in the river and the harbour mouth and the more exposed waters of the Solent. When conditions and /or experience permits our activities take place on the Solent, otherwise activities take place on the River Medina to the south of the Centre.

Whitegates, Arctic Road, Cowes PO31 7PG

Contact: Helen Gilpin Tel. 01983 293073 or Email: info@iywac.org.uk Web site: www.iywac.org.uk



Iywac



@IYWAC

Wight BlueSky Arts Fun Club Ages 5 – 13yrs

Blue sky fun club is a play centre specifically designed for children with disabilities. It is a safe and supported environment where parents can feel comfortable leaving their children under the supervision of our experienced team. Group drama activities to enhance self-esteem and confidence and a variety of stimulating play options, to achieve positive participation and lots of fun

Fun Club runs every Saturday, 50 weeks per year with additional days on Mondays in all school holidays. 10am to 2pm.

Cost: £10 per child. Break time drinks and fresh fruit included. £2.50 meal deal available. On-site café, delicious meals and snacks.

Address: The Old School, New Road, Wootton PO33 4HX

Booking essential. Please advise on booking if 1:1 support required.

Contact: Tel: 01983 882820 Email: info@blueskyarts.co.uk Website: www.blueskyarts.co.uk



Fun Swimming Sessions at Medina Leisure Centre All Ages

1st & 3rd Friday's each month 6pm – 7pm Cost £2.60 per child. Siblings Welcome. No Booking required

First Parent/carer per child free. Additional parents/carers £3.40

One to One Swimming Lessons - Available first and third Friday 6pm or 6.30pm

Booking Required. Ten 30 minute lessons with 1:1 tuition. Cost £100.00

Contact: 01983 523767 Medina Leisure Centre, Fairlee Rd, Newport PO30 2DX



Soft Play at JR Zone All Ages

JR Zone Indoor play specialists are based at 55 Manners View Newport PO30 5FA

Dedicated soft play sessions from 5pm – 8pm. (Open to the general public until 6pm) Price is £3.00 per child Siblings welcome

1st and 3rd Monday each month.

Halloween Party on Monday 3rd November 5pm – 8pm (replaces the regular play session)

Contact: Tel 01983 559272 Email: info@jrzone.co.uk Web: www.jrzone.co.uk



Horse Riding Taster Sessions At Sally's Riding School Ages 6 - 18

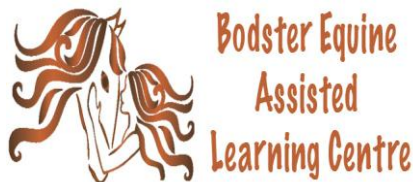
Short Breaks and Sally's riding school are glad to offer Horse Riding sessions. Riding from Nodes Point Holiday Park or Fourlands Field Road, Bembridge.

Weekly Horse riding sessions on Saturday's. 11:00-11:30 and 11:30-1200

Enjoy a relaxing ride through some of the Island countryside or along its sandy beaches.

Cost £10 per child Booking Essential

Contact: 07974 861674 or 01983 872260 www.sallysridingschool.com



Bodster – Equine Assisted Learning CIC Ages 5 - 18



Our courses involve a series of fun activities where learners interact with the ponies/horse on the ground. There is no riding involved during sessions. The learners who come help to devise the activities they take part in. For example they may spend some time simply observing the horses in the field and noting what they hear, see and smell. They may make an obstacle course which they then work as a team to take the horse/ pony around. They may work with other learners to put a headcollar on a horse or they may carry out an experiment with various food types to see what the horses like.

The learners look at how to safely lead a pony and how to communicate with it calmly and gently. We often devise as a group with learners leading games where we work as a team. Some learners may work with a horse in the 'round pen', working on how through their behaviour they can encourage a horse to choose to be with them loose without a headcollar on. The learners who carry out this type of exercise can then relate this to their everyday lives and look at how they can through their behaviour affect how people behave around them.

Courses run every Saturday from 4 October to 20 December 2014, and 10 January to 28th March 2015 (Please note dates may be subject to change, please contact us to confirm).

Half-day sessions (10am to 12.30pm or 12.30 to 3pm): £7.50 per learner.

Whole day session (10am to 3pm): £15 per learner.

Half-hour one-to-one sessions are available for £7.50 per learner, please contact us to find out more.

Pony fun days available during school holidays, please contact us to find out more.

If coming for the morning session on a Saturday feel free to bring a drink and snack for tea break. If coming for a Saturday afternoon or all day session please bring a pack lunch.

Contact: Jo & Giles Boddington 07790 305108 (Jo) 07887 876138 (Giles) joandgi@googlemail.com
Website: www.eaqbodster.co.uk



Lego Club

Does your child with autism or Asperger syndrome enjoy playing with Lego? Would they benefit from some support in developing their social skills?

Lego Club Dates for 2014	
January 11 th & 25 th	July 12 th & 26 th
February 8 th & 22 nd	Aug 9 th & 23 rd
March 8 th & 22 nd	Sep 13 th & 27 th
April 12 th & 26 th	Oct 11 th & 25 th
May 10 th & 24 th	Nov 8 th & 22 nd
June 21 st	Dec 13 th
Riverside Centre, Newport, Isle of Wight 1000-1200	

The Isle of Wight Branch of the NAS is running a Lego club for children aged 5-18yrs who have high functioning autism or Asperger syndrome. This is part of the Short Breaks scheme run by the Isle of Wight Council.

The sessions use Lego to encourage play and social interaction between children on the autistic spectrum. The focus of the sessions will be to help small groups of children to work together to build Lego models, having fun whilst developing social and communication skills.

The 3 aims of the Lego Club are to:

- Improve social interaction, communication & confidence for ASD children
 - Provide short respite for parents/carers
 - Enable siblings of ASD children to interact

We ask for a contribution of £5 per child per week towards costs

To book a place or for more information, please contact:

Gillian Elsom, Lego Club Leader

email: legoclub.iw@hotmail.co.uk, Mobile: 07795 517049

Your autism charity



Vectis Blue Disability Football Club (Ages 4 – 18) Term-Time Only



Contact Name: Janet Mackay Tel. No: 01983 865377

E-mail Address: janetmackay1940@hotmail.co.uk

Football Club for children and Young Adults with both physical and learning difficulties.

Venue: Rew Valley Sports Centre Cost: £2.00 per child

Dates: Thursday's in term time.

Times: Age 4 to 12yrs - 5 pm to 6pm

Age 12 to 18yrs - 6pm to 7pm

Siblings welcome. Transport available at a small charge.

Landeez wheelchairs

These wheelchairs are to be used on the beach or in the forest



The Landeez is an all-terrain wheelchair that rides easily over sand, snow and gravel. Great for the beach, its marine grade stainless steel frame will not rust or corrode, even in saltwater. The Landeez can be adjusted to fit a small child or large adult, and the ballistic nylon seating is removable and washable. Highly transportable and easy to store, the Landeez can be disassembled in seconds.

Available on loan from Dinosaur Isle, Sandown tel 01983 404344, or from Waterside Pool, Ryde tel 01983 563656.



Wheelchairs can be hired up to one day per family, per week.



Short Breaks Caravan Lower Hyde Shanklin

The Short Breaks caravan is targeted, in particular for children and young people with disabilities and/or additional needs.

The Short Breaks caravan is designed to offer families a short break with the opportunity of having lots of fun at a fantastic holiday park.

The caravan is large and wheelchair accessible, it can sleep up to six people, with two bedrooms and extra sleeping for two in the lounge area.

The caravan consists of a large lounge containing a 4 seater table and chairs, open planned kitchen, large bathroom with a shower and two bedrooms. The caravan sleeps a maximum of six people. Two single beds in the smaller room with a double bed in the master room and a pull out bed in the lounge.

You will need to bring:

Towels and all cleaning equipment (washing up liquid/cloths/tea towels/toilet rolls, bin bags)
Bed linen will be included

The caravan contains:

Kitchen equipment, Safety equipment, TV with Freeview and DVD Player, Door Alarm Sensors, Washing Machine / Dryer, Large Decking Area and outside table and chairs
Play equipment (stored in the shed/metal container outside the caravan)
And an electric hoist (if you wish to use the hoist, please contact the short Breaks unit, prior to your arrival)

Facilities: Heated outdoor fun Pool, children's paddling pool, indoor spa pool, all weather multi sports court, adventure playground, amusements, pool table and darts, little sparks under 5's club, Hoppers 5-7's club, Jumpers 8-11's club, Xcite 12-17's, evening entertainment and so much more. You can use all the facilities at Lower Hyde Holiday Park plus Landguard Holiday Park, which is a 10 minute walk from Lower Hyde.
Please note: pets are not allowed in the caravan (only working dogs) and the caravan is strictly non smoking

Short Break Caravan available for short stays



The caravan is situated at Park Resorts, Lower Hyde, Shanklin, Isle of Wight, PO37 7LL, it is close to the beach, town centre, transport links and local entertainment.

The caravan will be closed from 3 November 2014 and will re-open 22 March 2015.



Bookings now available for 2015.

For further information or to see availability please visit iwight.com/shortbreaks or contact the short breaks unit on 01983 823168.

Tariff- 2014	3 nights	4 nights	Per night
2 Sept to 24 Oct	£91.80	£122.40	£30.60
24 Oct to 3 Nov	£168.30	£224.40	£56.10
3 Nov to 22 Mar	CLOSED		
22 Mar to 13 Apr	£168.30	£224.40	£56.10
13 Apr to 2 May	£93.63	£124.84	£31.21
22 May to 1 June	£171.66	£228.88	£57.22
1 June to 20 July	£93.63	£124.84	£31.21
20 July to 2 Sept	£202.89	£270.52	£67.63
2 to 23 Sept	£93.63	£124.84	£31.21
23 Oct to 2 Nov	£171.66	£228.88	£57.22

These prices will be increased by 2% on the 1 April 2016

Cleaning is £25 per unit on top of price.

Arrival is after 4pm and the departure time is 10am.

Please note this is a non-profit venture and all income is used to cover essential costs and charges

We will require a £50 non-refundable deposit to secure your booking plus the £25 cleaning charge.

VAT is included in all prices quoted above.



Arrival is after 16.00 pm and the departure time is 10.00 am

Short Breaks Lodge Nodes Point St Helens

The Short Breaks lodge is targeted, in particular for children and young people with disabilities and/or additional needs.

The Short Breaks lodge is designed to offer families a short break with the opportunity of having lots of fun at a fantastic holiday park.

The lodge consists of a large lounge containing a 4 seater table and chairs, open planned kitchen, large bathroom with a bath, a roll in shower and two bedrooms. The caravan sleeps a maximum of six people. Two single beds in the second room with a double bed in the master room and a pull out bed in the lounge.

Short Break lodge available for short stays



The lodge is large, wheelchair accessible and can sleep up to six people. It is situated at Park Resorts, Nodes Point, Lower Green Rd, St Helens, Isle of Wight PO33 1YA.

The lodge will be closed from 3 November 2014 and will re-open on the 22 March 2015.

Bookings now available for 2015.

For further information or to see availability please visit iwight.com/shortbreaks or contact the short breaks unit on 01983 823168.



Tariff- 2014/15	3 nights	4 nights	Per night
2 Sept to 24 Oct	£122.40	£163.20	£40.80
24 Oct to 3 Nov	£198.90	£265.20	£66.30
3 Nov to 22 Mar	CLOSED		
22 Mar to 13 Apr	£198.90	£265.20	£66.30
13 Apr to 22 May	£124.86	£166.48	£41.62
22 May to 1 June	£202.89	£270.52	£67.63
1 June to 20 July	£124.86	£166.48	£41.62
20 July to 2 Sept	£232.26	£309.68	£77.42
2 to 23 Sept	£124.86	£166.48	£41.62
23 Oct to 2 Nov	£202.89	£270.52	£67.42

These prices will be increased by 2% on the 1 April 2016

Cleaning is £25 per unit on top of the price paid.

Arrival is after 4pm and the departure time is 10am.

Please note this is a non-profit venture and all income is used to cover essential costs and charges

We will require a £50 non-refundable deposit to secure your booking plus the £25 cleaning charge.

VAT is included in all prices quoted above.

The lodge contains:

- Kitchen equipment
- Dishwasher (please bring washing tablets)
- Safety equipment
- TV with Freeview in the front room and bedrooms. DVD Player
- Washer dryer (please bring washing tablets)
- Outside decking Area containing table and 6 chairs
- Landeez wheelchair (if you wish to use the landeez, please contact prior to your arrival)
- And a electric hoist (if you wish to use the hoist, please contact me prior to your arrival)

Facilities:

Indoor fun pool with waterslides, direct beach access, adventure playground, amusements, evening entertainment and so much more.

Please note:

Pets are not allowed in the lodge (only working dogs) and the lodge is strictly non smoking

To make a booking please contact Short Breaks Unit on 01983 823168 Email: short.breaks@iow.gov.uk
Availability calendar is available to view by visiting iwight.com/shortbreaks.

Groups & Activities for Children, Young People & Adults with Additional Needs.

(These groups are not Short Break Activities and do not require a Gateway card).

Newport Fc (IW) Inclusive Football Club Term Time Only

Contact: jamesloosemore@aol.com Tel: 01983 864921

We are an inclusive football club, and are pleased to be working alongside Newport FC football club and Hampshire football association. We can offer recognised FA level one courses (age dependent) and the opportunity to play in mainland tournaments and access football association training pathways. We run at St George's Newport FC football ground and Downside community centre hall.

Cost is £2 a session, term time only, any age, any disability, siblings and friends very welcome.

CHILDREN'S CENTRE PARENT & TODDLER ACTIVITIES FOR 0-5years



CAN Do Play

Stay and Play

**For Children with Additional Needs
0-5years**

**These group play sessions offer
Parents and children an opportunity to meet
With other families and specialist services**

Every Wednesday 9.30am to 11.30

The Bungalow, Ryde Academy, Pell Lane

For more information or to book please

Telephone 01983 617617 or

drop into Ryde Children's Centre,

George Street, Ryde PO33 2JF



Kaleidoscope

Stay and Play

**For Children with Additional Needs
0-5years**

**These group play sessions offer
parents and children an opportunity
to meet with other families whilst
having fun!**

Alternate Wednesday of every month

9:30am to 12:00noon

The Sandown Centre, The Fairway, Lake

For more information or to book please

Telephone 01983 408718 or 01983 867310

First Act 2011 - Theatre Group for people with learning disabilities (Age 18+)

Contact: Carol Laidler **Tel:** 01983 408184 or 07769646086 **Email:** alan.laidler@btinternet.com

Learning theatre skills with a production of 2 shows a year. First Act operates from Shanklin Theatre on Monday's and Tuesday's 10.00am – 3.00pm. Cost £25 per day. Open all year apart from Bank Holidays and during August.



Life Skills Post-18
Provision at
St Catherine's

The Action Station

Ventnor – based St Catherine's is offering a new life skills and leisure programme for young adults at home and in the wider community, which is registered with the Care Quality Commission. The programme is for young adults living on the Isle of Wight aged 18 – 25 who have speech, language and communication needs and associated conditions such as autism and Asperger Syndrome.

St Catherine's can provide one-to-one and small group support at a cost of £15 per young adult per hour – a rate which is in line with current provision of a broadly comparable nature. In addition, mileage incurred by support staff is charged at 40 pence per mile.

Additional group activities – with other young adults aged 18 and over – can be arranged as appropriate offering opportunities for wider social interaction such as evenings out – e.g. bowling, cinema, meals. The cost for this activity would be £20 per young adult per 3 hour session plus the cost of the activity.

For more information or an informal discussion please contact: Gloria Grant, Head of Care on 01983 852722

NEW!! West Wight Coffee Morning in partnership with Parents Voice

A new coffee and cake monthly support meeting is starting on October 6th from 9.30 to 11.30 at Freshwater Methodist Church, Brookside Road, Brookside, Freshwater. It is for parents & carers of a child or young person with special educational needs or a disability.

Subsequent meetings will be on the first Monday of each month.

Face2Face Isle of Wight



The Children's Society is happy to announce partnership working with Scope to deliver the Face 2 Face Befriending service on the Isle of Wight.

Face 2 Face is a parent(s) befriending service offering emotional support to parents whose children have been recognised as having a disability or special need.

The monthly Drop-Ins will now be held on the 2nd Monday of the month (**term-time only**)

at: West Newport Children's Centre, Wellington Road, Newport PO30 5QT 9.30am-11.00am

There is plenty of on-street parking opposite the centre between 9.30am and 2.30pm

For more details please contact: Deborah Cobb, The Children's Society, Suite C, The Loft, 42 Quay Street, Newport, PO30 5BA Tel/fax: 01983 529312. Email: deborah.cobb@childrenssociety.org.uk



Wight Blue Sky Arts

Wight Blue Sky Arts is proud to provide the best of arts based activities for adults and teenagers with learning difficulties. Runs for 50 weeks a year offering a mix of art, dance, drama, film making and music, Monday to Friday (Different activities on different days contact provider to confirm). Am & Pm sessions available. School Holiday programmes... **Now running from The Old School, New Rd, Wootton PO33 4HX** Why not book a FREE taster session today? Outreach Service also available.

For more details contact 01983 882820: Email: info@blueskyarts www.blueskyarts.co.uk



West Wight Sports Centre - Dedicated swimming sessions

Weekly swimming session for disabled children, with their family, siblings and friends. Both pools are available exclusively for fun-packed sessions. Additional lifeguards and support provided for the dedicated session. Do come along to appreciate the caring, supportive, fun atmosphere!

Fridays. 5.30 – 6.30 pm (Closed on public holidays). Cost: £2.65 per child.
Free of charge to anyone accompanying a child with a disability.

Contact: 01983 752168 Web: www.westwight.co.uk



Youth special Olympic Sports Programme

**Open to ALL children with a disability, special need or developmental delay.
Aged 2-7 years**

Help your child reach their full potential and show the world they can achieve.
Every Monday (during term time.) 4.00pm-5.00pm at Downside Community Centre. Cost £2 per session.

Dates:
October 6th, 13th, 20th, 27th

For more information or to book a place please call: 01983 568601 07773570505
Clareanne21@btinternet.com



The Rainbow club

Supporting children with
special needs.
Run by parents of children
with disabilities.

Support Group

Meets at Haylands Primary School, Playstreet Lane, Ryde on the 4th Saturday of each month 2pm – 4pm.
Fun activities for children with disabilities and their siblings.
Tea and chat for all the family. Cost: £2 per child
Date: 25th October



The Rainbow club

Supporting children with
special needs.
Run by parents of children
with disabilities.

Sports Club

AFC Bournemouth *Community Sports Trust and the Rainbow Club* Down's Syndrome & Special Needs Support Club

Would like to invite you to a Disabilities Sports Club

Accessible to children of all ages with a disability, their families and siblings.

2nd Saturday of the month @ Downside Learning and Community Centre, Furlongs, Newport, PO30 2AX.
1pm – 3pm

Come and have a go at: Football; Basketball; Wheelchair Football; Dance (Street dance; Hip-Hop; Acro; Jazz; tap ;) Boccia and more All activities run by professional Coaches.

Only £2 admission fee per child. Tea and coffee facilities, eating area, chill out zone all provided

Date: 11th October

For more information please do call Clare :

568601 mobile 07773570505

Or email clareanne21@btinternet.com

You can also look us up online

www.iowrainbowclub.com



“Affiliated with The Down's Syndrome association”

Positive Difference Products

For all your sensory needs and communication needs.

Autism Awareness - sensory & fiddle toys – positive disability symbols – communication aids – chewigems – schedule & reward charts – kids edz ear defenders

For more information: www.positivedifferenceproducts.co.uk Email: positivedifferenceproducts@yahoo.com or tel: 07766142460



Isle of Wight Branch National Autistic Society

Contact: 07969297666 or view their web site <http://www.nasiow.btck.co.uk/>

Coffee mornings, support groups, cinema screenings and other events and activities. Please check the web site for current information.

Our Support Groups

We offer support groups for families and individuals affected by Autism Spectrum Conditions (ASC/ASD). These are located in the following areas:

*Cowes Support Group
St Faith's Church Hall, Newport Road, Cowes
1st Tuesday of the month
10am - 12pm
Contact Jess Higgins 07969297666*

*Ryde Support Group
Park Community Centre, High Park Road, Ryde
2nd Tuesday of the month
9.30am - 11.30am
Contact Jess Higgins on 07969297666*

*South Wight Support Group
St John's Hall, St John's Road, Wroxall New time from September 2014
Contact Caroline Martin on 07815 131659 or at carolinemartin4@aol.com or Jess Higgins 07969297666*

Our Clubs

We currently offer 4 clubs for individuals affected by ASD which meet regularly. You can find out more information by emailing iownasevents@hotmail.com or by contacting the individual groups below:

Saturday Lego Club Please contact Gill Elsom on 07795 517049 or email: legoclub.iw@hotmail.co.uk

Trampoline Club (6 - 12 yrs) Please contact Katie Bond at iownasevents@hotmail.com

Gamezone (13 - 18 yrs) Please contact Cathy Gibbs at: iowgamezone@btinternet.com



Duke of Edinburgh Award Ages 14 - 25

Ryde Youth Centre tel 562416 – Monday's 5pm – 7pm
Cowes UKSA tel 294941 – Wednesday's 7pm – 9pm
Newport Youth Centre tel 559028 – Thursday's 6.30pm -8.30pm

Contact: DofE Facilitator Carol Taverner : 01983 559028 Email: carol.taverner@iow.gov.uk

Isle of Wight Association for Spina Bifida & Hydrocephalus

An independent charity which provides help and support for those with Spina Bifida and / or Hydrocephalus who live on the Isle of Wight, and their families, helping them gain independence and integration in the community.

For more information contact: Sharon Armstrong via email to iwasbah_chairman@aol.com



Sensory Experiences at West Wight Nursery

Opportunities to enjoy our light sensory room, ball pool, soft play, garden and a range of sensory craft activities. This is also a social opportunity for parents / carers.

Children must be supervised by a parent/carer. Siblings welcome

**Please book in advance, call Janet or Joss on 01983 752175 EXT.31
West Wight Nursery, Summers Lane, Totland Bay, PO39 0HQ**

IOW Tourettes Support Group

Tourettes Action has a growing network of support groups in England, Wales and Northern Ireland coordinated by volunteers with Tourette Syndrome (TS) or who have a family member with TS. Meeting others for support, information sharing and friendship has helped many people with TS, a condition that can be isolating. Talking with others who understand can help with self-esteem, confidence and general wellbeing.

There is now a support group on the Isle of Wight.

A support group that offers a warm welcome to children and adults with Tourettes Syndrome, their families, friends and carers.

Meeting at Rookley Village Hall, Highwood Lane, Rookley PO38 3NN

For further information contact IOW Tourettes support group @ Facebook or emma@tourettes-action.org.uk for more details. Twitter @TicForTourettes

Cowes Sailability Club www.cowessailability.btck.co.uk

Cowes Sailability Club was formed to promote and facilitate water sports for Island people with disabilities. We are hosted at Cowes by the Cowes Corinthian Yacht Club and operate on Monday afternoons and evenings throughout the season and on other days as advertised in our programme. We have Club nights, for talks and lectures, and Day Cruises around the Solent.

For further information please contact: cowessailability@btinternet.com
c/o Cowes Corinthian Yacht Club, 39 Birmingham Road, Cowes, PO31 7BH
Tel 07850090244 (Hon Sec)

OCD Support IW

The principal aim of the group is to provide help, information, resources, support and encouragement for young people, their families and adults affected by OCD.

Membership of the group is open to anyone affected by Obsessive Compulsive Disorder over the age of 14 years primarily living within the Isle of Wight. Young people must be accompanied by an appropriate adult.

Meetings are at Age UK (IW) offices at St Thomas Chambers, 147 High Street, Newport

For more information contact: Brian Taylor tel: 07870 171990 Email: briantaylor1938@talktalk.net

Isle of Wight Table Tennis Centre Inclusive Table Tennis Sessions Ages 7 +

Monday, Wednesday & Friday evenings from 6.30pm to 9.00pm

Each session will cost £2.50 Please wear non-marking shoes Equipment supplied. Coaching sessions can be arranged.

Venue: Ashey Road, Ryde, PO33 4BH

Contact Martin Dove on 01983 299308 or e-mail martin.dove@blueyonder.co.uk for more details

Isle of Wight Association for Cricketers with Disabilities

Contact: Graham Sprack 07866 668405 or email graham.sprack@btinternet.com

Operates 3rd Thursday of each month at Carisbrooke High School.

5-6pm for Learning Disabled. 6-7pm for Physically Disabled. Please call to book a place.

Isle of Wight Deaf Children's Association

A charity formed in 1965 to offer help and support to parents of children diagnosed with hearing impairment. We are affiliated to the National Deaf Children's Society (www.ncds.org.uk)

Chair: Sarah Teague sarah.iwdca@gmail.com

Saturday Club for Deaf Children www.saturdayclub.org.uk

This group holds monthly meetings where all activities are tailored to improve language and communication, providing a social setting for deaf children.

Visit the web site for contact information.

Luke Steen Music & Tuition

I offer tuition to others to develop their potential in music. I am a graduate musician experienced in many different musical genres, instruments, styles, situations and scenarios.

Personal tuition could be on drums, acoustic guitar or bass guitar and I can take you from beginner to proficient performer, focusing on the style of music you particularly enjoy. Or perhaps just learning your favourite pieces of music?

If you are interested in the tuition I can offer, please don't hesitate to contact me via www.lukesteen.co.uk or Tel: 07812064407 / (01983) 521247



Way Forward Programme www.wayforwardprogramme.co.uk

Contact Name: Lee White **Tel.**01983 523000 **E-Mail:** lee.white@osel-iow.co.uk

The Way Forward Programme is able to offer a whole range of activities to help support people with a learning or physical disability within our community. We offer a seven day a week support service that will focus on supporting adults and young people to build the skills and confidence needed to live as independently as possible.

The care and support is provided using personal budgets, our staff team are experienced and committed to delivering a quality service providing daily activities within our activity centre based at Downside Community Learning Centre.

We also offer a personalised support service where an individual can have 1:1 or 2:1 support to undertake activities within the centre or within the community. We provide a wide range of activities within the community for people to get involved in as well as having our own community kitchen for life skills development.

If you are over 18 we offer respite care for overnight stays, weekends away or holidays, you choose the destination and we organise and provide the care, you will be picked up from your door supported during the duration of your time away and brought back to your door.

If you are aged 12 – 18 then we are able to provide respite care during the day or evenings, weekends or during the school holidays. We will work closely with families and carers to ascertain the best time support will be needed and focus on individual needs; unfortunately we are not able to carry out personal care at this time.

Contact Name: Lee White **Tel.**01983 523000 **E-Mail:** lee.white@osel-iow.co.uk



Isle of Wight Mencap has rebranded in a new partnership with National Mencap. The new partnership deal will not change how Isle of Wight Mencap is run or what it stands for, we are still a local Island charity for the benefit of Islanders, but the new partnership strengthens our ties with National Mencap. We will be working more in partnership with both National Mencap and community services across the Island for the benefit of people with a learning disability.

Go to www.isleofwightmencap.org for the latest news.



Haylands Farm (Age 18+)

Haylands Farm

Haylands Farm is a work based training centre, run by Isle of Wight Mencap for people with learning disabilities on the Isle of Wight. The project aims to give its student group transferrable skills through Agriculture, Horticulture, Woodwork, Can Recycling, Life Skills and Social Activities.

For more information about this project, visit its website: www.haylandsfarm.co.uk

Or Contact: Haylands Farm, Salters Road, Ryde, Isle of Wight PO33 3HU

Telephone: 01983 566038

Email: info@haylandsfarm.co.uk

SEND Reforms: the biggest change in SEN law for 30 years

What parent/carers need to know and what they need to do.

What is happening?

The Children and Families Act will change the way in which children and young people with Special Educational Needs and disabilities are supported at school and in the community. The Act will be implemented in stages starting in September 2014.

When is this going to happen?

The law will start to change the arrangements in September 2014. Most local areas are making preparations and plans for this right now. It will take some time for local areas to make all of the changes that are required, so changes will take place over a number of years.

What is in the Act?

The Act responds to concerns parents carers have raised about the SEND system over the last few years. It includes some key principles to improve parent carers experiences. These include:

- **More Participation:** it includes new responsibilities on local authorities and others to make sure parent carers and young people are much more involved in decisions that affect their lives. It also makes clear that local authorities and health partners should work with parent carers and young people to improve services across their local area for example through the parent carer forums.
- **Better Outcomes:** the Act requires education, health and social care services to look at how they support children and young people in a way that improves progress and supports the outcomes they want and need in their lives.
- **Better joint working:** the Act requires services that families use, in particular education, health and social care to work more closely together and commission services together. This should improve the experiences of children, young people and their parent carers.

What does this mean in real life?

Education, Health and Care Plans will replace Statements of Special Educational Needs and Learning Disability Assessments (LDAs). From September 2014, no new statements or LDAs will be available. In stages, over the next few years, children with an existing statement will have their statement transferred to an Education, Health and Care Plan. There will be agreed procedures for the changeover and parent carers and young people will have a say in these. Existing rights, for example rights of appeal, will continue during the transfer.

Education, Health and Care Plans can continue to support young people up to the age of 25 if the Local Authority considers that the young person needs more time to complete their education or training.

SEN support will replace School Action and School Action Plus. Schools will still be required to identify children who need additional support, involve parent carers and children and young people in planning how to meet these needs and call on specialists from outside the school when they need to.

Local offer from September 2014 - every local authority will be required to have a "local offer" which informs parent carers and young people with SEN or disabilities what is provided in their local area, including what to expect from local early years providers, schools, colleges, health and social care. In addition it will include information on how decisions are made about how services are allocated, how to request a personal budget, how to access more specialist support and how to complain or appeal. Local authorities must involve parent carers, children and young people in developing their local offer.

Information and advice - Local authorities already have to make information and advice available to parent carers about SEN, through parent partnership services. From September, local authorities must make information and advice available that also covers disability, health and social care and is also available directly to young people as well as parent carers - building on the services (like parent partnership services) they already have in place.

Families with children or young people going through a statutory assessment leading to an education, health and care plan may also be able to get help from an Independent Supporter - someone who doesn't work for the local authority who can help parents and carers, and young people, through the process.

Other changes - there are lots of other changes, but these are some of the main ones. There are also things that are not changing, for example the disability discrimination duties in the Equality Act are the same as they were before the SEND reforms started.

How can I find out what early years providers, schools, colleges, social care and health should do?

A new SEND Code of Practice will be published very soon which sets out how decisions should be made for children and young people with Special Educational Needs or disabilities. This is statutory guidance and early years providers, all schools, colleges, local authorities and health partners must have regard to it when they decide what to do.

How can I get involved?

Parent and carers can get involved in planning for these changes in their local area by:

- Joining your local parent carer forum **Parents Voice IW** and make a real difference by sharing ideas and thoughts
- Talk to the SENCO at your child's school or the person responsible for SEND support at your college and find out what they are doing to prepare for these changes.

What can I do if I am worried about how this will affect my child?

- If you are worried about your individual child, please contact us at Parent Partnership

Bust the myths around the SEND reforms.

There is a range of myth busters that have been produced by the Council of Disabled Children to help clarify concerns parent carers may have, or have been told might result from the changes. You can find them at

<http://www.councilfordisabledchildren.org.uk/media/529425/top-children-families-bill-myths-1.pdf>
<http://www.councilfordisabledchildren.org.uk/media/529424/top-cf-bill-myths-ehc-plans.pdf>

Special Educational Needs and Disability (SEND) Local Offer

What is a Local Offer?

You may see or hear the wording "Local Offer". What does it mean for you as a parent /carer of a child with Special Educational Needs or a Disability?

The Isle of Wight Council has to produce a Local Offer for parents and carers of children with Special Educational Needs or a Disability (SEND). The purpose of the Local Offer is to 'offer' information for parents, in a single place, which helps them to understand what services they and their family can expect from a range of local agencies - including their statutory entitlements; and make clear what is available for their child from early years settings, schools (including Academies and Free Schools), colleges and other services, and also including health and social care. It covers provision for children and young people from birth to 25 and includes information on education, health and social care services.

The Isle of Wight Council Local Offer is available to view at:

<https://www.iwight.com/Residents/Care-and-Support/Local-Offer/>