

The Buzz



6th January 2023



Learning and Achieving Through Love,
Courage and Respect

Dear parents, carers and children,

I would like to wish you all a very **Happy New Year!** I hope you all had a lovely Christmas with friends and family. Christmas and New Year is an ideal time to pause and spend time with loved ones after what has been a difficult year. Seeing the children's smiling faces on Tuesday morning brightened up a cold, wet morning.

New topics and learning journeys have started in earnest. Mrs Denness has a request for **Year 4 Science**, in which they are focusing on sound. They will be making string telephones, so please could the Y4 children start saving yogurt pots (of any size), tin cans (only WITH the edge left intact), and paper or polystyrene cups, so that we can explore which combinations make the best string telephones later in the half term. Many thanks.



This term, we are starting a new initiative to promote **reading for pleasure**. Reading for pleasure has many proven benefits, including greater confidence, self-esteem, empathy and wellbeing, and the development of more positive relationships, and children who read for pleasure make significantly more progress in vocabulary, spelling and maths than children who read very little. In the Buzz and on Facebook, we will be sharing book reviews and recommendations from children, staff and family members. Our first comes from Nelly in Y6, who recommends *The Amazing Edie Eckhart: The Big Trip* by Rosie Jones. See her book review in this week's Buzz and on our Facebook page. Would you like to share your book recommendation? Let me know!

In Jigsaw, our theme is **'Dreams and Goals'**. We talked about the dreams and goals that we may have. These may be small, easily achievable goals, or longer-term goals. We thought of ways in which we can help each other to achieve them, including through encouragement, or possibly even doing it alongside the other person. What are your dreams and goals? Are they short-term goals or longer-term goals? Are they to be achieved in school or at home, or possibly in a club?



Mrs Jones spoke to Honey Bee and Ivy Bee classes today about a new **Worries Box**. The children know that safeguarding is everyone's responsibility, and we talked about how important it is to share your worries and concerns (either for yourself or for others). This can be done by speaking to a member of staff or a parent, but it sometimes helps to write it down instead. A new Worries Box has been put in the Calm Corner, for children to use confidentially if they would like to talk to someone. If a parent has any worries or concerns about safeguarding or behaviour issues that are happening in school or out of school (including online), then please don't hesitate to contact us by speaking to Mrs Jones (Designated Safeguarding Lead—DSL), Mrs Aram (Deputy Designated Safeguarding Lead-DDSL) or me (DDSL), or by emailing safeguarding@brighstoneprimary.org.uk. (If a child is in immediate danger, call the police.)

This morning, we welcomed Laoise from **Chartwells**, who talked with the children about healthy eating and nutrition. She explained about the healthy eating plate, and how important it is to eat from each section to ensure you have a balanced diet. We were reminded to eat at least five portions of fruit and vegetables each day, and Laoise also showed us the ideal size of the portions (the size of your cupped hand). It is good to see how many of our children eat the school lunches at least one or two times each week (and some every day!!). Why not give them a try? They are delicious!



With best wishes, Mrs Lennon and the Brighstone Team

Collective Worship - Courage

This week's Collective Worship theme is **Courage: Epiphany**

This week, we discussed the story of the wise men visiting the baby Jesus. They gave him unusual gifts that wouldn't usually be given to a baby.

Are these usual gifts to give to a baby? Why not?



Why did the Wise Men (Magi) give them? What did they symbolise?

Our worship theme for this half term is 'courage'. How do you think the wise men showed courage?



Our School Prayer

We thank you, God, for your unfailing and never ending love for us. Lord Jesus, please give us the courage to be lights in the world. Holy Spirit, please help us to have the respect to show God's love to others and the world around us. Amen



"And when they had come into the house, they saw the young child with Mary, His mother, and fell down and worshipped him. They presented gifts to him: gold, frankincense and myrrh." Matthew 2.11

School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at **£2.35** per day.

Baguettes now available on Tuesdays and Thursdays instead of JPs (ham, cheese or tuna)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pesto Past Bake	Pork Sausages	Roast Pork	Beef bolognese	Fish fingers
Option 2	Tomato Pasta	Tomato Pasta	Vegetable Pastry	Veggie bolognese	Veggie burger
Dessert	Ice cream	Flapjack	Jelly	Shortbread	Crispy bar

Poetry Corner

New Year Blessings

New Year Blessings

Here comes a brand new year,
Lots of new things to explore,
A clean, blank slate to write on,
Fun happenings galore.

To you we wish the best of things,
All the blessings a new year brings.

By Joanna Fuchs
Poemsource.com

Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Grammar: Commonly misused words

I or me?

I versus **Me**

When talking about yourself and another person...
ALWAYS PUT THE OTHER PERSON FIRST!

<p style="text-align: center; color: red;">Use I in the subject.</p> <p>Sally and I ate ice cream at the park.</p> <p>Jacob, Paddy, and I watched a movie.</p> <p>My sister and I love to dance.</p>	<p style="text-align: center; color: blue;">Use me in the predicate. <small>(Remember the golden rule! Do it to the rest.)</small></p> <p>Do you want to eat ice cream with Sally and me?</p> <p>Come watch a movie with Jacob, Paddy, and me.</p> <p>My mom danced with my sister and me.</p>
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If you are unsure which one to use, take the other people out of the sentence.

~~Sally and I~~ ate ice cream at the park
OR
~~Sally and me~~ ate ice cream at the park.

Which one makes sense?

Safeguarding

If you have a concern about a child over the Christmas break you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

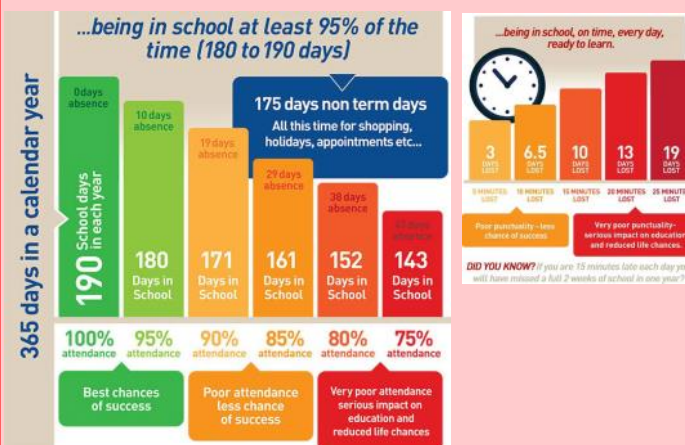
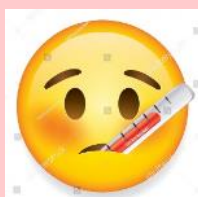
Or call children's services 0300 300 0117

Attendance Matters!

Week Commencing 3rd January
Whole School attendance target: **96.5%**

Actual Attendance: **94.32%**

Late marks this week: **5**



New year, same me



Instead of focussing on all the things you want to change, try to think of all the positive things you want to continue in 2023!

Write down
5 things you
are grateful
for

Think of 3
things you're
proud of
from 2022

What was
something you
achieved in
2022?

List your
favourite
things about
yourself

What can you
continue to do
to make
yourself proud
this year?

What are you
most excited
for in 2023?

Don't start 2022 thinking 'New Year, new me'

When people say New year New me, they put a lot of pressure on themselves to do better, to be better and they don't give their future selves credit or even a simple compliment. Life is tough and last year has probably been a lot tougher than people imagined it would be.

New Year's Eve appears and all of a sudden there is an insane amount of pressure to go out, get drunk, do something fun, maybe even something outrageous. Why do we have to do something? Christmas has just been, and we are most likely exhausted, mentally and physically and now we must do something extravagant for New Year's Eve? It's exhausting.

With New Year's Eve, comes new year's resolutions, which some people make very unrealistic because they do not have any idea of how they are going to achieve their goal. New Year's resolution is a tradition where an individual wants to change something in their life, a behaviour, or even a trait they may not like.

Read more.....

Blog: <https://www.mentalhealthtoday.co.uk/blog/awareness/dont-start-2022-thinking-new-year-new-me>

Key dates this term

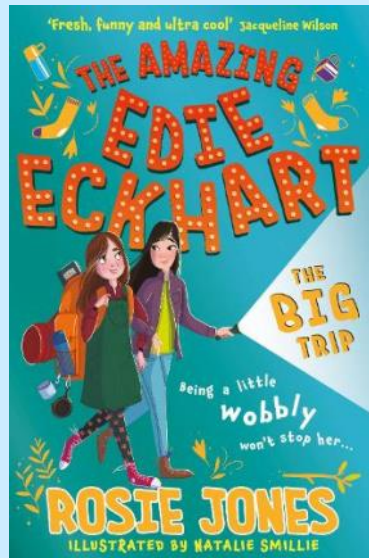
- Wednesday 18th January: EARA meeting at Gatten and Lake Primary School (6 children attending as representatives)
- Friday 10th February: Last day of term
- Monday 13th—Friday 17th February: Half term
- Monday 3rd April—Friday 14th April: Easter holidays
- Monday 8th May – Extra Bank Holiday (due to the King’s Coronation)
- Monday 29th May—Friday 2nd June: Half term
- Thursday 20th July: School closed for staff development day
- Friday 21st July: School closed for staff development day





Brighstone Book Club

Reviews and Recommendations



Hi, my name's Nelly and I'm going to be telling you a little bit about the amazing Edie Eckhart. It's about the big trip but the first one is just as good. This book is by Rosie Jones. She is a comedian who has cerebral palsy. You may know her.

Read the blurb above for more information about the story. This book is amazing and super funny. This was my book recommendation. Thank you.

By Nelly (Y6)



Visit our Facebook page to watch Nelly's video review!

Brighstone Book Club

Reviews and Recommendations



Benefits of reading for pleasure

We know that you know reading for pleasure is important but does everyone else in your school?

We've pulled together some of the many benefits that exploring books and building a reading habit can bring so that you can easily share them with staff, students or parents if you want to.

- Reading for pleasure has many non-literacy benefits and can increase empathy, improve relationships with others, reduce the symptoms of depression and improve wellbeing throughout life (The Reading Agency 2015).
- Reading for pleasure has social benefits as well and can make people feel more connected to the wider community. Reading increases a person's understanding of their own identity, improves empathy and gives them an insight into the world view of others (The Reading Agency 2015).
- Students with more positive attitudes towards reading are more likely to read at or above the expected level for their age (Clark 2014).
- There is a strong association between the amount of reading for pleasure students say they do and their reading achievement (Twist 2007).
- Students who read for pleasure make significantly more progress in vocabulary, spelling and maths than children who read very little (Sullivan and Brown 2013).
- Teachers who encourage students to read books of their choice for pleasure is a major contribution towards students developing a positive attitude towards reading and a life-long interest in reading. (International Reading Association, 2014).



**DON'T MISS THIS FUN FAMILY FESTIVAL
DURING FEBRUARY HALF TERM!
Friday 17th & Saturday 18th February**

Plus, new for this year, Thursday 16th for the over-12s

DECEMBER 2022 NEWSLETTER



Have you got your tickets yet?

Tickets are now on sale for the I.W. Story Festival at Quay Arts in Newport during February half term from www.quayarts.org

It's a chance to meet well-known performers and writers like **Simon Farnaby** (from Paddington 2, Horrible Histories and Ghosts) who will be talking about his **Wizard in My Shed** series of books.

Former CBeebies star, **Carrie Burnell**, will also be there with her exciting adventure story about being different, **Wilder than Midnight**.



CARRIE BURNELL

For younger children we have a world-exclusive. Author and illustrator Nicholas Allan will be revealing for the first time **The King's Pants** (some of you may already know and love one of his most famous books, **The Queen's Knickers**.)

There will be lots of other authors and illustrators for you to meet, some of them you may have heard of, some of them you may not. But all of them are worth seeing. Why not check some of them out before you come along: **Laura Ellen Anderson, Neal Layton, Jamie Littler, Gareth Peter, Kieran Larwood, Jules Harriner, Felicity Fair Thompson and Peta Rainford**

FAQs

Q: Do I need to get my tickets in advance?

A: It's a good idea. Tickets are selling fast! Get them from www.quayarts.org

Q: How much are tickets?

A: Some sessions are free, others cost between £3 and £6

Q: Is it just for people who like reading?

NO! The I.W. Story Festival isn't just about books! We've got lots of hands-on activities for you to get involved with - from making puppets to making rockets, illustrating comics to sewing a story. There will be storytellers and theatre performances too!

More information from: www.iwstoryfestival.com

Registered charity number: 1198024

Privilege Seat Application Window – Academic Year 2022/2023

Dear Parent/Guardian

The dates for the privilege seat application window for academic year 2022 have been finalised. Should you wish to apply for a privilege seat for your child to use the school bus service you will need to apply from **9am on Tuesday 6th December 2022**. Please note that the online form will be live until on or around 5th June 2023

Further information on the privilege seat process can be found online, here:

<https://www.iwight.com/Council/OtherServices/School-Transport/Privilege-Seat-on-School-Transport>. Please also note the FAQs, Code of Good Practice and Ticket Terms and Conditions sections available via this webpage.

If you scroll to the bottom of the above webpage you will see the bus services for which you can apply. **This information will be live from 9am on Tuesday 6th December 2022**. Should the service you require not be listed you will not be able to apply for that service at this time.

Do bear in mind that making an application for a privilege seat does not guarantee a seat on the school bus.

Privilege seat ticket prices are set costs as follows.

- Up to a full term £130.00
- Up to half a term £65.00
- Up to a full-term AM or PM only £65.00
- Up to half a term AM or PM only £32.50

Should you have any queries please contact the Transport Team at the Council via email: transport.info@iow.gov.uk or telephone: 823780.

Important Points to Note

- Information on bus services that can be offered will be available on the website from **9am on Tuesday 6th December 2022**.

- We may not be able to provide an update on the number of seats available before the application window opens but please be aware seats availability will be very limited.

- Services available are listed at the bottom of the Privilege seat webpage

- There will be a strict payment deadline for making payment. Should you miss this deadline, the seat offered to your child will be offered to the next child on the waiting list (should one exist) and your application will be cancelled.

- Once applications have been processed by the Transport Team you will be able to see the status of your application online as well as make payment without having to contact the Council.

ADULT LEARNING

Spring 2023

All classes take place at
The Learning Centre, Westridge, Ryde,
PO33 1QS unless otherwise stated.

MULTIPLY

Does the thought of needing to do maths at work or at home make you anxious? Are you interested in free flexible courses to help improve your numeracy skills? Multiply is a new government-funded programme offering you free and easy-to-access courses and initiatives to help you brush up on your numeracy skills. Take your next step today and find courses and support to help.

For more information on Multiply courses being offered on the Island and to see if you qualify, please visit:
www.iow.gov.uk/multiply



FREE ONLINE COURSES

A wide range of short courses are on offer through the Equal Learning Platform. New modules include:
Keeping Young People Safe Online, Stalking and Harassment Awareness, Suicide Awareness and Prevention, Menopause Awareness, Knife Crime Awareness and Understanding the Power of the Influencer.

For more details, please contact ac@iow.gov.uk

All classes are for adults (19+ years old)

For more information and to book your place please get in touch.

iow.gov.uk/ACLcourses
01983 817280
ac@iow.gov.uk
IWCAACL

*Concessionary rates are offered to learners who are in receipt of specific means tested benefits.



ICT

Computers for Beginners

6 week course ▶ Thursday 5 January to 9 February ▶ 1pm to 4pm ▶ Free

Computers for Beginners

East Side Curve, East Cowes Town Hall, York Avenue, East Cowes, PO32 6RU
6 week course ▶ Wednesday 22 February to 29 March ▶ 9.30am to 12.30pm ▶ Free

Essential Digital Skills For Life

Level Entry 3

12 week course ▶ Thursday 5 January to 30 March ▶ 9.30am to 12pm ▶ Free

Essential Digital Skills For Work

Level 1

10 week course ▶ Monday 9 January to 20 March ▶ 9.30am to 12.30pm ▶ Free

ICDL Word Processing

Level 1 and 2

6 week course ▶ Tuesday 3 January to 7 February ▶ 9.30am to 12.30pm ▶ Free

ICDL Spreadsheets

Level 1 and 2

6 week course ▶ Thursday 23 February to 30 March ▶ 1pm to 4pm ▶ Free



ART

Drawing Skills

3 week course ▶ Monday 23 January to 6 February ▶ 10am to 1pm ▶ £55/£32*

Drawing with Pastels

3 week course ▶ Monday 20 February to 6 March ▶ 6pm to 8.30pm ▶ £48/£28*

Watercolour Still Life

Workshop ▶ Wednesday 22 February ▶ 10am to 3pm ▶ £35/£22*

From Reality to Abstraction

3 week course ▶ Thursday 9 to 23 March ▶ 6 to 8pm ▶ £40/£25*

Landscapes using Acrylic Paint

Workshop ▶ Wednesday 29 March ▶ 10am to 3pm ▶ £35/£22*

HEALTH AND WELLBEING

Introduction to Crystals and Dowsing

Workshop ▶ Saturday 18 March ▶ 10am to 12pm ▶ £10/£5*

Indian Head Massage

Workshop ▶ Sunday 22 January ▶ 10am to 1pm ▶ £15/£8*

All classes are for adults (19+ years old)

FREE CAREERS APPOINTMENTS

Advice and guidance to enable you to realise your potential, so that you can confidently take the next step into learning or employment.

For more details, please contact ad@iow.gov.uk

CRAFT

Embroidery for Beginners

2 week course ▶ Thursday 19 to 26 January ▶ 6pm to 8.30pm ▶ £35/£22*

Knitted Ear Warmer

Workshop ▶ Sunday 29 January ▶ 10am to 2pm ▶ £25/£15*

Weaving with Wire

Workshop ▶ Saturday 25 February ▶ 10am to 3pm ▶ £35/£22*

Interior Design – Planning your Next Project

5 week course ▶ Wednesday 1 to 29 March ▶ 6pm to 8pm ▶ £55/£30*

Applique Funky Tote Bag

2 week course ▶ Friday 10 to 17 March ▶ 10am to 2pm ▶ £50/£30*

Crochet for Beginners

3 week course ▶ Monday 13 to 27 March ▶ 6pm to 8pm ▶ £40/£25*

Natural Woven Wall or Window Decoration

Workshop ▶ Wednesday 15 March ▶ 10am to 3pm ▶ £35/£22*

Island Life in Lino Printing

2 day course ▶ Saturday 18 March and Sunday 19 March ▶ 10am to 2pm ▶ £50/£30*

Recycled Flower Wreath

Workshop ▶ Friday 24 March ▶ 10am to 3pm ▶ £35/£22*

For more information and to book your place please get in touch.

iow.gov.uk/ACLcourses
01983 817280
ac@iow.gov.uk
IWCAACL

WORKSHOP MORNING

£10/£5*

Workshop ▶ Sunday 5 February ▶ 10am to 12pm

Macrame Keyring

Produce a beautiful keyring using simple macrame knots.

Painting with Tissue Paper

Explore ways of bleeding tissue paper to produce art that looks like a watercolour.

Needle Felted Mini Picture

Create a mini landscape picture using merino fibres and needle felting techniques.

INTERNATIONAL WOMEN'S DAY WORKSHOPS

£10/£5*

Workshop ▶ Sunday 5 March ▶ 10am to 12pm

Open to adults 19+ with one accompanied child over 10yrs

Weaved Wall Art

Make a woven wall hanging using mixed media and personal items.

Springtime Wreath

Discover your creative skills and create your very own seasonal wreath.

Felt Keyring

Create a colourful keyring and you'll never lose your keys again (hopefully!).



All Islanders
CAN GET SUPPORT WITH THE
COST OF LIVING

iow.gov.uk/costofliving

Department for Work & Pensions | Crown Job Centre | Isle of Wight | Community Action Isle of Wight | The Footprint Trust | Help for Households

ISLE OF WIGHT COUNCIL

HM Government

NHS

UNBOOSTED
COVID-19 and flu can cause serious illness.

BOOSTED
Vaccines are your best protection.