

The Buzz

17th May 2024



Learning and Achieving Through
Love, Courage and Respect

Dear parents, carers and children,

What a busy two days the school community had last weekend! On Saturday, there was an amazing turnout at **Wolverton Folk and Blues Fair**, with lots of delicious cakes being sold. There was such an amazing array to choose from, which was commented on regularly throughout the day. Thank you to all who baked a cake and who helped out on the day, as well helping to set up the day before and take it all down the day after. Thank you, also, to Arya, Myles and Ila, who helped out with the glitter tattoos. The BSA raised an incredible **£2120!** See the thank you letter from Richard, the chair, which was emailed out yesterday.



The next day saw a large percentage of our school community take part in **Walk the Wight**, including children, parents, and staff. Some walked the whole distance from Bembridge to the Needles, some walked the first half or the second half, some walked the flat walk and some took part in the schools' walk from Freshwater Bay to the Needles. A huge well done to all who participated. The atmosphere and camaraderie is inspiring, which really helps to spur you on when you're tired, ably supported by the wonderful marshals along the way (some of which were our parents and ex pupils!). The total raised so far is £455,000 for the hospice! If you have any photos that you would like us to share on Facebook, please do send them in to Mrs Jones by next Friday and we can do a post about them.

Following a busy weekend, our Y6 children took part in their **SATs**. We have been very impressed with their positive 'can do' attitudes this week; they took it all in their stride and did their very best. We are very proud of you all. Thank you, also, to the rest of the school who were mindful of how they walked around the school building while the SATs were taking place.



Mrs Baker is very impressed with the writing that **Honey Bee class** has produced this week. They have been writing narratives based on the two books that they have been reading: 'Island' and 'Fox and the Deep Sea Quest'. Once they had drafted their pieces, Mrs Baker typed them up so the children could do some peer-editing; they amended and improved punctuation, grammar and vocabulary choices. I have typed up a selection of them later in this Buzz. I hope you enjoy reading them as much as we did! In DT, Honey Bee class made bookmarks by using a mix of cross stitches to create a pattern. They will eventually be making their own cushions, so this was the first step towards that.



Finally, I would like to say how proud we all are of our **bell ringers** who made such an impression on BBC South Today. They were so confident when talking to the presenter, Simon, and really showed their knowledge and skills well. Becky and Steve, who run the bell ringing club, have received messages from fellow bell ringers all around the country, including from all the way up in Scotland! Well done to all our bell ringers (including those who weren't able to be included in the filming due to the very small bell tower!) for keeping this tradition alive.

I hope you have a lovely weekend in the sunshine.



With very best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Service

This week, we have been thinking about the importance of 'Living for Others'.

We heard the story of the two brothers, Simon and Andrew, who were fishermen. Jesus said to them "Come with me. I'll make a new kind of fisherman out of you. I'll show you how to catch men and women instead of fish."



What do you think Jesus meant by this?

We discussed how Jesus taught his followers to live a life of service to others, rather than each one living for him or her self.

We then watched Barney and Bella (ably performed by two children!) talk about their lollipop lady and how she always saw the children safely across the road with a smile and a wave.

How can you serve others with a joyful heart?



'Service with a smile' prayer



Dear Father,
Help us to serve with a smile,
To take pleasure in helping others,
Knowing that we are doing our best
To follow your example.
Amen



"Serve one another in love."

Galatians 5.13



School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Sausages	Roast Chicken	Chicken Pasta Bake	Fish Fingers
Option 2	Tomato Pasta	Veggie Sausages	Ch & Onion Pasty	Veggie Balls	Quorn Dippers
Dessert	Brownie/Fruit	Jelly	Cake	Cookie	Ice Cream

Poetry Corner

Yellow Weed

How did you get here,
weed?
Who brought your seed?

Did it lift
on the wind and
sail
and drift
from a far and yellow
field?



Was your seed a
burr,
a sticky burr that
clung to a
fox's
furry tail?

Did it fly with a
bird
who liked to feed
on the tasty
seed
of the yellow
weed?
How did you come?

Lilian Moore

Reading Recommendations

Each week we will include a book recommendation from a child and/or adult.

This week, Toby B recommends:

It's about a boy called Robbie. He went out with his dog after his parents had a fight. His dog ran into the road chasing a cat and the boy chased after him and got hit by a car. Robbie has been in a coma ever since, but he doesn't know and thinks he's dead. He can hear everyone around him; his sister, his mum, his dad and the doctor. I recommend this book because, even though it's a sad story, it is also heart-warming. It's in Robbie's perspective when it's usually from the perspective of others who are looking after the person in the coma.



Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

[Find out more](#)

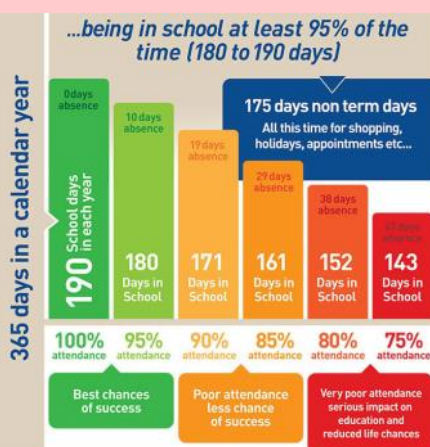
Or call children's services 0300 300 0117

Attendance Matters!

Week Commencing 13th May 2024
Whole School attendance target: **96.5%**

Actual Attendance: 94.09%

Late marks this week: 7



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Golden Book

Bumble Bee	Jacob and George for working at independent writing. Max for his excellent finger spaces and clear handwriting when he wrote about persuading other forest animals to help tidy up, in our story, Tidy. Holly for being so motivated to learn in all subjects. She is an excellent listener and always contributes to the best of her ability.
Honey Bee	Helena and Freddie K for concentrating extremely well and taking great care at practising cross stitch.
Ivy Bee	Leigh for taking the initiative several times this week to make sure group tasks are organised and completed. Freddie for his pass with distinction grade in his recent Grade 1 Trumpet exam (from Wight Music Tuition).
Bee-Haviour	Kieran for working really hard to make good behaviour choices.
Sport Bee	Annie for always demonstrating the School Games Values in PE.
EARA	Ruby for trying to sort things out and making a friend happy - <i>Respect</i> (nominated by Helena Y3).



Honey Bee Narratives



At night, the deep sea fish were glowing brightly and beautifully. Emily, her father and dog went for a snooze on Island, after the vicious storm. While the golden stars glistened magically in the coal black moon-lit sky, something was lurking beneath...

Edited by Quinn and Ruby

One stormy afternoon, Emily, her father and her dog were on a cargo ship. Suddenly, their ship started to quake and wobble. They got hit by a mountainous wave and the ship snapped with a deafening crash!!! All lost balance and fell into the deep dark depths of the dangerous sea!!!

Edited by Helena and Charlie

One stormy afternoon, a ship started to rock. Suddenly, lightning struck and it was shattered like glass!!! It crashed against the jagged rocks. The ship rocked wildly. Emily, a girl, her father and dog were tipped off. The rushing currents swished around them. Paddling frantically, they tried to find land.

They saw an island close, swimming through the now calm sea. Tired, but relieved, they clambered on. They gazed up into the night sky then drifted off to sleep...

The next morning, Emily and her father built a house on the island, and a boat. When the fish swam past, Emily caught them in a reed net that she had made.

A deadly, demon fish appeared from the deep depths. The sea rocked faster and faster creating a whirlpool sucking them in with the island trying to get away.

The sea calmed down. They found themselves in icy cold climates. It was freezing. Polar bears started to swipe their mighty claws as it floated away from danger. They floated away to a stream which had earth nearby. In the hot climate, flamingos flew all around and perched on them, then they flew away after an hour.

Strange things flew through the water. They were like glider fish. There was a ship in the distance and they got out of the way just in time. It was very speedy. It went up to them and Emily and her father realised it was the ship. Emily jumped off the deck and said to island under water thank you for the island was a turtle. And she kissed him.

The island went away to find others to help and smiled happily to himself.

Written and edited by Helena

SEMH

Social, Emotional & Mental Health

What Parents & Educators Need to Know about **SCHOOL AVOIDANCE**

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headaches, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

IMPACT OF SCHOOL AVOIDANCE

LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

Helpful advice [here](#)

Online Safety

TOP TIPS

For Internet Safety

Stay anonymous!

- ◆ Use another name or a nickname
- ◆ Keep your address a secret
- ◆ Don't say where you go to school
- ◆ Only give your phone numbers to people you actually know
- ◆ Make sure you don't give ANY clues about yourself

Privacy!

- ◆ Always make sure your settings really ARE private so YOU choose who can see your account
- ◆ Don't give out any personal details
- ◆ Don't discuss your problems online
- ◆ If you think your account's been hacked, report it and change it

Think before you post

Don't post before thinking CAREFULLY and ask:

- ◆ Is it offensive?
- ◆ Could it affect your future employment?
- ◆ Would you be happy for your parents or family to see it?

Passwords

- ◆ Keep your password secure and change it regularly
- ◆ Don't use your name or anything easy to guess
- ◆ Don't share it with ANYONE, even your friends
- ◆ Use a mixture of capitals, numbers and special characters
- ◆ If in doubt CHANGE IT!

Remember...

- ◆ NOTHING is private
- ◆ Don't say anything you wouldn't say in real life
- ◆ Don't post other people's photos
- ◆ NEVER post invitations unless you are absolutely sure they will only be seen by a closed group

Are they real?

- ◆ Do you know this 'friend' in real life?
- ◆ Are you REALLY sure it's their account, not someone pretending to be them?
- ◆ Remember: some people are VERY clever at pretending to be someone they're not!

Feeling uncomfortable

- ◆ DON'T reply to trolls or people making unkind comments
- ◆ Don't be afraid to 'unfriend' or block people who upset you
- ◆ Do REPORT people if necessary

Believe NOT!

- ◆ Don't fall for it - things aren't ALWAYS what they seem!
- ◆ Everyone exaggerates - you probably do it as well!
- ◆ Remember: most people only tell you the good bits!
- ◆ Don't be fooled by 'free' offers!

Be Safe! Be Sure! Be Smart!



Thank you!



Dear BSA members (all parents and carers),

As you know, last weekend we were again invited to run the tea tent at Wolverton Folk and Blues.

The cakes that everyone made and gave on the mufti day made a brilliant display to tempt the customers who, without fail, said "there's so much choice".

I thank all the volunteers (approximately 23) for their contribution to the running of the tent and the toilets. We always need more BSA members to step forward and give some time to help, as some people did at least a 12-hour shift to make it all go so smoothly.

A special mention must go to Arya, Ila and Myles for stepping in to help with the tattoos without even being asked. Hopefully, we can get some more children to help at future events.

Thanking everyone personally is virtually impossible and I would be bound to miss someone out, so a big thank you goes out to all those who made the day possible.

This is a major fund raiser for us and we managed to make a profit of (drum roll...)

£2120.00

What an incredible amount! This will go into the bank ready to help fund the next school trip and/or equipment request made by the teachers.

The next event will be the garden open day at Northcourt which Katherine is leading, so please look out for notices.

Best regards,

Richard Palmer (Chairman)



Brighstone School Association

Plant Sale

If you have any surplus plants after sowing your seeds this year, please think about donating them to raise money for the BSA.

Donations can be brought in after half term.





*Brightstone
CE
Primary
Presents...*

SCIENCE DAY 2024

MONDAY
22ND
JULY

After the spectacular success of our Science Day last year, parents, grandparents and friends are invited to come and speak about what they do, and how science is involved, with one of our classes.

Last year we welcomed: vets; a fishmonger; an aerospace engineer; a water drainage expert; a wind turbine designer; a food technologist and enjoyed a visiting natural history museum.

ALL contributions are welcome thank you- even if you participated last year. We'd love to host you in a different class.

Please contact Mrs Denness via the school office.

Respect Charter

at Brighstone C.E. Aided Primary School

At Brighstone C.E. Aided Primary School, we believe staff, parents and children are entitled to a safe and protective environment in which to learn and work. We strive to ensure that our school offers a warm and nurturing environment. All members of the school community and visitors should demonstrate mutual respect, to feel safe, work together and to use restorative approaches as the foundation of our practice. Any behaviour that may lead to feelings of harassment, alarm or distress to members of our community, will not be tolerated and action taken.

Expectations

- That all adults set a good example to children at all times, showing them how to get along with all members of the school and the wider community.
- That no one - staff, governors, parents, carers, volunteers or children - be subjected to abusive behaviour or any form of threats from visitors on the school premises.
- That physical attacks and threatening behaviour, abusive or insulting language, verbal or written (including on social media), to staff, governors, parents, carers, volunteers, children and other users of the school premises will not be tolerated and may lead to a ban from school premises and/or police action.

Types of behaviour that are considered serious and unacceptable

This is not an exhaustive list but seeks to provide illustrations of such behaviour:

- Shouting, either in person or over the telephone
- Speaking in an aggressive/threatening tone
- Physically intimidating; e.g. standing very close
- The use of aggressive hand gestures/exaggerated movements
- Physical threats
- Shaking or holding a fist towards another person
- Swearing and name calling
- Pushing
- Slapping, punching, hitting or kicking
- Racist, homophobic or other hateful behaviour
- Sexist comments or sexual innuendo
- Disrespecting religion or belief
- Inappropriate communications (posting on Social Networking sites, emails or letters, etc.) which could bring the school into disrepute or be deemed as bullying, harassment and/or a hate-related comment

The school reserves the right to take any necessary actions to ensure that members of the school community are not subjected to any form of abuse in line with policy and procedure. If you choose to engage in these behaviours you may be asked to leave the site or the police may be called.

Thank you for your understanding and support

If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

Please be reminded that all children need to wear the correct PE kit on PE days.
The correct PE kit is also needed for sports clubs.
Socks and hair accessories must be in the school colours.

School Day Timings

The school day is as follows:

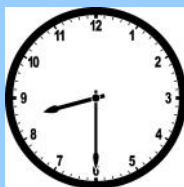
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



Key dates this year

2023-2024 academic year

- Friday 24th May: Last day of term
- Monday 27th - Friday 31st May: Half term
- Sunday 2nd June: Northcourt Manor Open Gardens (helpers needed!)
- Monday 3rd June: School closed for staff development day
- Tuesday 4th June: Back to school
- Saturday 15th June: Shorwell Midsummer Fair
- Wednesday 18th - Friday 21st June: Y6 residential in London
- Friday 5th July: Sports Day
- Tuesday 9th July: Transition Day
- Friday 12th July: Y6 Leavers' Service at Portsmouth Cathedral
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Friday 19th July: Sports Day (back-up day)
- Friday 19th July: Summer Sizzler
- Monday 22nd July: Science Day
- Wednesday 24th July: Forest Day
- Thursday 25th July: Last day of term; Y6 Leavers' Service in St Mary's Church
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

