

The Buzz

7th June 2024



Learning and Achieving Through
Love, Courage and Respect

Dear parents, carers and children,

It was lovely to welcome everyone back to school after the half-term break on Tuesday. We managed to pack a lot in to a shorter week!

On Wednesday, all of KS2 got the opportunity to go to Ventnor Cricket Club for a **Chance to Shine Cricket Skills Festival**. Each child got the chance to take part in ten different skill stations, including skills such as batting, bowling and fielding. The behaviour throughout the day was fantastic and everyone put great effort into each of the activities. As they returned to school, I was greeted with very enthusiastic and happy children who reported that they had an amazing time! See our Facebook page for more great action photos.



Yesterday evening, our **U11 Girls cricket team** played Newchurch and Freshwater & Yarmouth at Brighstone Rec. The girls' behaviour was exemplary and they all showed the three school values, especially courage, going up against older children. Our team, which consisted of just Year 4s & 5s suffered a narrow loss against Freshwater & Yarmouth, before securing a tie against Newchurch.

A big shout out to all the helpers and cake makers who came and ran the **BSA tea and cake stall** at the open garden at Northcourt on Sunday. We had a steady day and managed to raise over £800! Thank you, everyone.



Yesterday, the school was invited to take part in the **D-Day commemorations** and flag-raising ceremony outside Wilberforce Hall. The children behaved themselves impeccably, which was positively commented on by members of the public. They showed great respect throughout the whole service.



When you go home, tell them of us and say. For your tomorrow, we gave our today.

Reminders

Whilst we accept that lateness is sometimes unavoidable, it does need to be addressed. Our school gates are open from 8:25am to 8:30am. Arrival after this time will result in a late mark.

I hope you have a lovely weekend.

With very best wishes, Mrs Lennon and the Brighstone team



Collective Worship - Truth and Truthfulness

This week, we have been thinking about the Trinity.



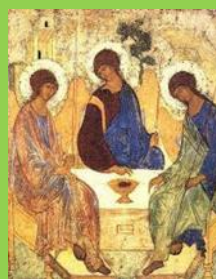
We looked at the pictures and discussed what we could see. There are three of everything - all beginning with tri!

We talked about how Christians see God as the Trinity: God the Father, God the Son and God the Holy Spirit. We thought how

we can also be three things. For example, a son, a brother and a pupil.

We talked about Trinity Sunday, which is the Sunday after Pentecost. This year it was Sunday 26th May.

We explored the painting by Rublev, and discussed the symbolism in it. It depicts the Trinity: God the Father, God the Son and God the Holy Spirit. We identified the similarities and differences between each of the figures, but saw that they were all holy and were all of equal size, showing the equal parts of the Holy Trinity.



The Grace

May the
Grace of our Lord Jesus Christ,
The love of God Father,
And the fellowship of the Holy Spirit,
Be with us all evermore,
Amen



Three things cannot
long be hidden:
the sun, the moon
and the truth.
(Buddha)

"Tell the truth to each other."
Zechariah 8.16



School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Beef Bolognese	Roast Pork	Chicken Curry	Breaded Chicken
Option 2	Veggie Bolognese	Veggie Burrito	Quorn Roast	Macaroni Cheese	Veggie Fingers
Dessert	Cookie	Cake	Jelly	Choc Shortbread	Cake

Poetry Corner

'Normandy' by Juno Veteran Cyril Crain

Come and stand in memory
Of men who fought and died
They gave their lives in Normandy
Remember them with pride.

Soldiers, airmen, sailors
Airborne, and marines
Whom in civvy life were tailors
And men who worked machines

British and Canadian,
And men from USA
Forces from the Commonwealth
They all were there that day



To Juno, Sword and Utah,
Beaches of renown
Also, Gold and Omaha
That's where the ramps went
down.

The battle raged in Normandy.
Many lives were lost.
The war must end in victory
And this must be the cost

When my life is over
And I reach the other side
I'll meet my friends from
Normandy
And shake their hands with
pride.

Reading Recommendations

Each week we will include a book recommendation from a child and/or adult.

This week, Grover recommends:

Any of the Percy Jackson stories.
They are fun and very
imaginative. They make you
want to keep reading.



Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

[Find out more](#)

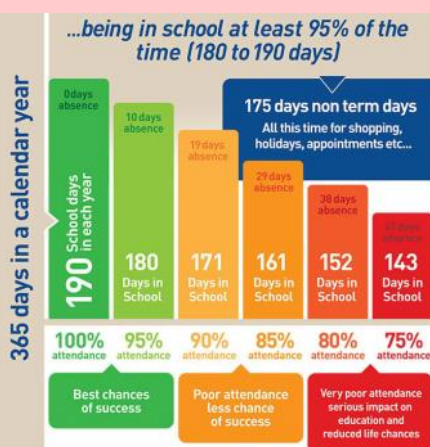
Or call children's services 0300 300 0117

Attendance Matters!

Week Commencing 3rd June 2024
Whole School attendance target: **96.5%**

Actual Attendance: 94.21%

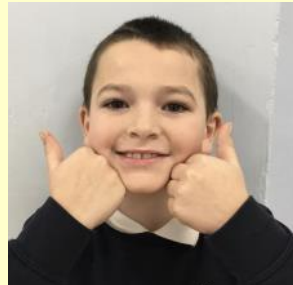
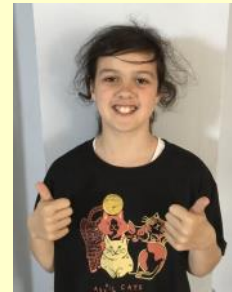
Late marks this week: 12



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Golden Book

Bumblebee	Ralph for always listening well when teachers are talking. Molly for her kindness to others and being so creative. Theodore and Ellie for excellent phonics in their new RWI group, with Mrs Denness. Theo worked so hard at home on his spelling words and also read his new reading book. Keep it up!!
Honeybee	Sam C for hard work and determination, in lessons and also at the cricket skills morning. Charlotte for setting a fantastic example at the cricket and working hard at improving her skills.
Ivy bee	Anna for meeting all aspects of school life head-on this week. Really enjoying the fun parts and having a great learning attitude to work through challenges. Caspar for the effort they have put into improving their handwriting this week.
Sports Bee	All of Key Stage 2 for their behaviour at the Chance to Shine Cricket Festival and the Girls cricket team for their efforts in Thursday Cricket Match against Newchurch
Behaviour Bee	Alyssa and Charlotte for making some really good choices and being proud of themselves.





Age-related mental health outcomes: Children and Adolescents

Mental health problems affect 10–20% of young people worldwide, and late adolescence is a problematic age for the onset of these problems. This is the age when young people transition from childhood into adulthood, and moving to college and university can be a challenging

time for many.

In recent years the use of electronic devices has seen dramatic increases among the youth. Meanwhile, mental wellbeing in adolescents has decreased dramatically. Excessive screen time has emerged as a behaviour that may affect mental health. Recent studies have found many adolescents regularly flout the recommended guidelines on screen time, which is widely recommended to be **limited to two hours per day**.

Research has shown that increasing screen time is associated with negative self-concept and an increased risk of obesity. Unsurprisingly, the increasing prevalence of screen time has been correlated with insufficient levels of physical activity. This has resulted in a reduction in spending time outdoors in contact with nature. In other words, screen time has replaced “green time.”

Adolescent’s use of screens has been negatively associated with poor mental health due to the following factors:

- Cyberbullying —harassment via SMS text messages and online, e.g., via chat forums, social media, or online gaming
- Compulsive internet use —when users are unable to regulate how much time they spend accessing the internet

Any discussion of the negative effects of technology must be counterbalanced with debate about the positives. After all, the use of screens is frequently used for educational purposes. Besides this, research has shown that leisure time in front of the screen may encourage wellbeing in what is becoming an increasingly connected world.

[Read more here](#)

Online Safety

What Parents & Educators Need to Know about

PALWORLD

In Palworld, players head out into an environment where they must craft items and survive alongside creatures called 'Pals'. In this sense, it's similar to Minecraft: fight monsters while maintaining a base. Palworld has sold more than six million copies and often has over two million people playing online simultaneously.

AGE RESTRICTION
PEGI
12

WHAT ARE THE RISKS?

MATURE CONTENT

18

CENSORED

While Palworld may look cute and cuddly, the game does have its more mature moments. For example, if you try to catch a Pal and don't succeed, the game displays a mild swear word. There are also minor references to inhumane acts like slavery when getting your Pals to perform certain tasks for you. While the presentation is intended to be humorous, this could still be seen as being in poor taste.

VIOLENCE

Palworld has been referred to as "Pokémon with guns" and with good reason. As the game progresses, Pals can be given firearms, explosives and other weapons, allowing them to fight by the player's side. There are several moments where cute animals use these guns to kill other Pals or fight against bosses. The violence is cartoonish and bloodless, but it's present.

SUGGESTIVE WRITING

Some of the Pals' descriptions – found in the game menu – can be very suggestive and adult in nature. The game makes a joke of balancing on the line between age-appropriate and mature content; playing on the contrast between the two while never being outright explicit. While it's possible that younger players won't notice this content, it's just as conceivable that they will.

ONLINE PLAY

Palworld can be played with other people online. On Xbox, players can only play with people on their friends list. On PC, however, up to 32 players can share in the same game, playing in a large online world, and these players may not necessarily be known to the host beforehand. It can be quite complicated to set up these servers. However, it can be quite complicated to set up these servers (online worlds) and they cost money to keep active.

DIFFICULTY

Despite its endearing visuals, Palworld is actually an extremely difficult game in places: defeating bosses, catching Pals and exploring the environment can all be very tricky. It takes a lot of skill – or working together with a friend – to be successful, which could be off-putting or even aggravating to a player expecting something more like Minecraft or Pokémon.

Advice for Parents & Educators

WATCH GAMEPLAY

Watching gameplay and reviews for Palworld on sites like YouTube is the best available means of gathering information on it, second only to playing it for yourself. Currently, there are plenty of videos showing this game off to the internet at large, along with detailed breakdowns of what can be found or done within it.

LEND A HAND

By learning the basics of the game – Pal catching, battling, crafting items and building up a base – you can help to lower the difficulty for younger players. This, in turn, decreases the likelihood that such players will need to look online for tips and tricks, where they could quite easily stumble across more violent and mature content associated with the game.

SET CONTENT LIMITS

UNDER
12

As Palworld is available on Xbox Game Pass, it's easy for players to access it. Any player subscribed to this service can simply find the title on Game Pass and hit the download button. If a child or young person isn't allowed to play Palworld, the best way to prevent them downloading it regardless is to enable age limits on their account. Setting the limit below 12 will not allow users to install Palworld.

PLAY TOGETHER

By playing Palworld yourself, you'll have the best chance of catching any content that you don't think is suitable for children, as well as getting an idea of how violence is presented in the game. The conflict is cartoonish in nature – until players and Pals unlock the ability to use guns, at which point it can become more intense. It's likely best for you to give it a look and form your own opinion.

PLACE BOUNDARIES

Limit options when it comes to online play. For players on PC, they'll still be able to cooperate with friends through the game's multiplayer option, much like Xbox users. Just because they have the option to run a dedicated server that's open to anyone doesn't mean they need to take it. The risks of interacting with strangers can be significantly lowered or even eliminated entirely by playing on servers which are restricted to friends only.



Brighstone School Association

Plant Sale

If you have any surplus plants after sowing your seeds this year, please think about donating them to raise money for the BSA.

Donations can be brought in after half term.





*Brighstone
CE
Primary
Presents...*

SCIENCE DAY 2024

MONDAY
22ND
JULY

After the spectacular success of our Science Day last year, parents, grandparents and friends are invited to come and speak about what they do, and how science is involved, with one of our classes.

Last year we welcomed: vets; a fishmonger; an aerospace engineer; a water drainage expert; a wind turbine designer; a food technologist and enjoyed a visiting natural history museum.

ALL contributions are welcome thank you- even if you participated last year. We'd love to host you in a different class.

Please contact Mrs Denness via the school office.

Respect Charter

at Brighstone C.E. Aided Primary School

At Brighstone C.E. Aided Primary School, we believe staff, parents and children are entitled to a safe and protective environment in which to learn and work. We strive to ensure that our school offers a warm and nurturing environment. All members of the school community and visitors should demonstrate mutual respect, to feel safe, work together and to use restorative approaches as the foundation of our practice. Any behaviour that may lead to feelings of harassment, alarm or distress to members of our community, will not be tolerated and action taken.

Expectations

- That all adults set a good example to children at all times, showing them how to get along with all members of the school and the wider community.
- That no one - staff, governors, parents, carers, volunteers or children - be subjected to abusive behaviour or any form of threats from visitors on the school premises.
- That physical attacks and threatening behaviour, abusive or insulting language, verbal or written (including on social media), to staff, governors, parents, carers, volunteers, children and other users of the school premises will not be tolerated and may lead to a ban from school premises and/or police action.

Types of behaviour that are considered serious and unacceptable

This is not an exhaustive list but seeks to provide illustrations of such behaviour:

- Shouting, either in person or over the telephone
- Speaking in an aggressive/threatening tone
- Physically intimidating; e.g. standing very close
- The use of aggressive hand gestures/exaggerated movements
- Physical threats
- Shaking or holding a fist towards another person
- Swearing and name calling
- Pushing
- Slapping, punching, hitting or kicking
- Racist, homophobic or other hateful behaviour
- Sexist comments or sexual innuendo
- Disrespecting religion or belief
- Inappropriate communications (posting on Social Networking sites, emails or letters, etc.) which could bring the school into disrepute or be deemed as bullying, harassment and/or a hate-related comment

The school reserves the right to take any necessary actions to ensure that members of the school community are not subjected to any form of abuse in line with policy and procedure. If you choose to engage in these behaviours you may be asked to leave the site or the police may be called.

Thank you for your understanding and support

If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

Please be reminded that all children need to wear the correct PE kit on PE days.
The correct PE kit is also needed for sports clubs.
Socks and hair accessories must be in the school colours.

School Day Timings

The school day is as follows:

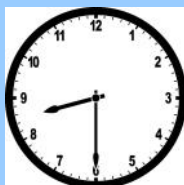
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



Key dates this year

2023-2024 academic year

- Saturday 15th June: Shorwell Midsummer Fair (come and watch our country dancers!)
- Wednesday 18th - Friday 21st June: Y6 residential in London
- Friday 5th July: Sports Day
- Tuesday 9th July: Transition Day
- Friday 12th July: Y6 Leavers' Service at Portsmouth Cathedral
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Friday 19th July: Sports Day (back-up day)
- Friday 19th July: Summer Sizzler
- Monday 22nd July: Science Day
- Wednesday 24th July: Forest Day
- Thursday 25th July: Last day of term; Y6 Leavers' Service in St Mary's Church
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

