

The Buzz

5th July 2024



Learning and Achieving Through
Love, Courage and Respect



Dear parents, carers and children,

What a wash out today! Unfortunately, due to the weather, we had to postpone **Sports Day** until Friday 19th July. We will keep everything crossed for dry conditions on that day...



Bumble Bees (YR, 1 and 2) had a wonderful day at **Naturezones** on Monday. They learned about the local wild grasses and flowers, the wildlife that live in the meadows and forest, including recognising some bird calls, and they made natural art using the things around them. There were lots of ants that kept crawling over their feet in the meadow! They made willow crowns and had a woodland walk, where they identified



trees and fungi. They learnt about a round black fungi that grows on trees, named after King Alfred, who burnt the cakes that he was meant to be watching over, and out of embarrassment, scattered the hard, black cakes outside. Nature Zones is a lovely place to visit, and they were commending the children's fantastic behaviour. More photos will be available on Facebook from Monday to look at and enjoy.

This week, on Thursday morning Year 5 attended an **inter-school worship event** at Christ the King College. The event was organised by their school chaplains, Ms Rennie and Mr Brenchley, together with Archdeacon Steve Daugherty and Christ the King's own worship band. There were also representatives from the Isle of Wight Asian Hornet Watch. The Collective Worship and activities were based on Genesis 1:26 "God blessed them and said to them,....Rule over the fish in the sea the birds in the sky and over every living creature that moves on the ground". Our Year 5s enjoyed the morning, were a pleasure to take along and were great ambassadors for Brighstone Primary School. See our Facebook page for more details and photos.



Today, you will have received a letter about **next year's classes and staffing arrangements**, which is also on our website. You will have seen that Mrs Johnstone is retiring this year. We would like to thank her for everything that she has done for the school, and we wish her all the very best. (She has, however, offered to do some supply work for us, so you will still see her around, which is fantastic!)

Next Tuesday will see our **'move up day'**, during which all children will be with their new teacher/s and LSAs for the day. Please see the above letter for further information about this.



Have a fabulous weekend, and see you all on Monday.

With best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Truth and Truthfulness

This week, we have been thinking about 'Making the right choices'.

Some of Ivy Bee class presented a couple of short dramas, showing dilemmas that some children faced. We then discussed these as a school. What choices should they make? Should they go with what they want, or go with what is right? Everyone agreed that they should go with what is right.



Do you want to be someone that others trust to be truthful, whatever happens?

You choose!

Or someone who, when they are tempted, just gives in and tells a lie when it's more convenient.

The Lord's Prayer

Our Father,
Who art in Heaven
Hallowed be thy name
Thy Kingdom come
Thy will be done
On earth as it is in Heaven
Give us this day our daily bread
And forgive our trespasses
As we forgive those who
trespass against us
And lead us not in to temptation
But deliver us from evil
For thine is the Kingdom
The Power and the Glory
Forever and ever
Amen



Three things cannot long be hidden:
the sun, the moon and the truth.



Buddha

School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Sausages	Roast Chicken	Chicken Pasta Bake	Fish Fingers
Option 2	Tomato Pasta	Veggie Sausages	Ch & Onion Pasty	Veggie Balls	Quorn Dippers
Dessert	Brownie/Fruit	Jelly	Cake	Cookie	Ice Cream

Poetry Corner

Inside a Shell

Inside a shell
 There is the whisper of a wave.
 Inside a feather
 There is the breath of a breeze.
 Inside an ember
 There is the memory of a flame.
 Inside a rock
 There is the murmur of a mountain.
 Inside a well
 There is the echo of a wish.
 Inside a seed
 There is a promise of a flower.

John Foster



Reading Recommendations

Each week we will include a book recommendation from a child and/or adult.

This week, Mrs Cousins recommends:

The book I'm recommending is Geneva by Richard Armitage. I have to admit that I listened to this on Audible rather than read it, and the narration was excellent, with Richard Armitage and Nicola Walker reading. It's a brilliant story about an esteemed scientist who has done a lot of work on Alzheimers, and has been asked to present at a conference in Geneva, where she goes with her husband. She is beginning to show signs of having Alzheimers herself, which is affecting her life, and this becomes more and more apparent during her trip.

What happens in Geneva is most unexpected. There are twists and turns and it's impossible to stop listening/reading. Although I was a little concerned that this was going to be a sad and depressing tale, I was glued to it right to the end. Give it a go!



Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

Or call children's services 0300 300 0117

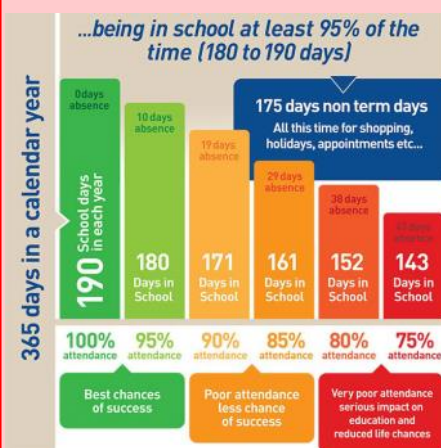
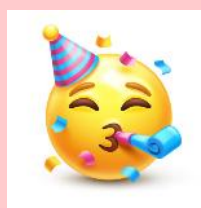
Attendance Matters!

Week Commencing 5th July 2024

Whole School attendance target: **96.5%**

Actual Attendance: 96.48%

Late marks this week: 7



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Golden Book

Bumblebee	All of Bumblebee Class for excellent bee-haviour at Naturezones this week. Luka Bear, Harvey, Ralph and Jacob for listening really well on their school trip. Bethan for her love of learning in telling the time this week. Holly for her love of learning in telling the time this week.
Honeybee	Alyssa for working independently on her writing in English. Martha for the use of fantastic vocabulary when retelling the story of Orion and the Dark, in English.
Sports Bee	Fred C for working really hard and showing brilliant focus during tennis in PE.
Other	Swimming certificates were handed out to those who took part in the spring term. Certificates and a pencil case were awarded to the children who represented the school at the PEACH games last week.



Looking after your mental health

Welcome to the Isle of Wight Community Mental Health Support Hub

We have brought together a wide range of resources to signpost you to the support you need to help you manage your mental health.

With information about self-help tools including links to apps, videos and workshops, advice and information sources, helpline numbers and local support services and groups it will help you find the help you need in a way that works for you. Simply click on the boxes below for quick links to key information or use the menu guide at the top of this page.

This site is still in development and we would value your feedback to help us to shape and improve it further. Please click on the feedback button at the bottom of the site to share your views with us. Thank you!

Crisis Support



If you feel things are getting more serious and you need urgent, specialist help, then there are organisations that can help you get the right support.

[MORE INFO](#)

Advice & Information



There is a lot of advice and information available and sometimes the search can feel overwhelming. We've put together some useful sources to help you find what's right for you.

[MORE INFO](#)

Useful Tools



There are lots of resources online to help you if you are feeling low, stressed or are experiencing anxiety. Websites, videos, chatrooms, phone apps and more.

[MORE INFO](#)

Talk to Someone



If you're concerned about your mental health or a loved one, then there are a range of different organisations that you can talk to for more help and support. Talking about how you are feeling can make a big difference.

[MORE INFO](#)

Local Support



On the Isle of Wight there are a number of organisations that can provide you with support you need to look after your mental health.

[MORE INFO](#)

Cost of Living Support



The Cost of Living Crisis is affecting us all but for some people it can trigger mental health problems. You can find specific local support and information to help you in this section.

[MORE INFO](#)

Local mental health support
<https://www.iwmentalhealth.co.uk/>

Online Safety

What Parents & Educators Need to Know about

ONLINE TROLLING

The term "Trolling" refers to sending hurtful or provocative comments – often done anonymously online – to provoke a reaction or cause emotional distress. Anonymity can embolden people into saying things they wouldn't dare say in person. Euro 2024 and other tournaments tend to put an emphasis on this, with the abuse of both players and fans often increasing during such events.

WHAT ARE THE RISKS?

ESCALATION

Many trolls begin with silly, banal comments before moving on to a broader pattern of offensive messages and posts. They can also turn their attention very quickly to a new target if they grow bored with an existing one, which makes engaging with one fruitless at best – and potentially dangerous at worst.

HIDING BEHIND A SCREEN

Because trolls tend to use anonymous profiles, they enjoy a lack of accountability. This also means they'll often have multiple profiles, potentially switching between them regularly or posting across several of them at the same time, making a target feel as though there's no escape. After all, once you block one account, what's to stop them reappearing elsewhere?

24/7 CONTACT

The internet has given us the ability to remain in contact at any time, from almost anywhere in the world. A troll having the ability to reach you whenever they want can leave you feeling like their abuse is unavoidable. While they don't see you in real life, they can message you at any time, reach out to your peers online and even try to discover your personal information to scare you.

HATE SPEECH

Sadly, many trolls resort to spewing racial slurs, homophobic attacks and awful stereotypes, as these often stand the best chance of causing emotional harm. This can add a hefty degree of weight to their attacks, moving from what might charitably be described as "teasing" into a genuine hate crime. After Euro 2020, three England footballers were racially abused, resulting in several prison sentences.

IMPACT ON VICTIMS

It's not uncommon for the victims of trolls to shut down their accounts, disappear from public life, and try to stay out of the crosshairs for a time – with some even leaving social media forever. This can have a severe impact on children and young people's connections to friends and the world at large, and may not even actually stop the troll. The victims' families, for example, may have online profiles that trolls can still access.

NORMALISATION OF TROLLING

It is, regrettably, inevitable that some people will go too far in their criticisms or comments, both online and in the real world. This can lead to many people seeing trolls and their abuse as part and parcel of social media – an inherent risk of interacting with others online. This doesn't mean, however, that it should be considered "normal" or even tolerated.

Advice for Parents & Educators

USE PARENTAL CONTROLS

While social media platforms (where most trolling tends to happen) aren't always helpful when responding to abusive behaviour, parents can set up screen time limits, so children only get to use certain apps at certain times. There's always the potential for trolling to occur anyway – such as friends showing screenshots to one another – but this would minimise the likelihood of children seeing it.

DON'T ENGAGE WITH ABUSE

A well-known adage on social media is "don't feed the trolls". Fundamentally, if a child identifies a potential troll online, it's best not to engage with that individual directly. Instead, consider setting up a log to gather evidence for reporting them later on, including screenshots and quotes where possible.

ENCOURAGE EMPATHY

While every professional athlete aspires to maintain high standards, it's important to separate the player from the person. A player's performance doesn't make them worthy of abuse, and that can often be forgotten by younger children who simply see the colour of the shirt without considering the person wearing it. For all the rivalries between teams, it's essential children understand that players are still human beings, with families and lives outside of sport.

BLOCK AND REPORT

While anonymous accounts make it difficult to block trolls permanently – or even for very long – it's still good practice to help children learn to control who can engage with them online. It's not worth "feeding the trolls", and it's more helpful to block them, report them, and try to move on. Blocking and reporting is an anonymous process, too, so there'll be no indication of who specifically blew the whistle.

Meet Our Expert

Lloyd Coombes is the Editor in Chief of GGRcon, and has been working in the gaming and tech industry for five years. A long-time fan of Arsenal, he's a parent who understands the importance of online safety. He's also a tech and fitness writer whose work has been published on sites including IGN, TechRadar and many more.



The National College

Source: See full reference list on guide page at: nationalcollege.com/guides/online-trolling

@wake_up_weds

/wuw.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.07.2024



Brighstone School Association

ICE CREAM FRIDAYS

28 June,
12 July,
19 July - at
the Sizzler!



Ice cream tubs
£2



Push ups
£1.50

After school
treats!

Enjoy

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BRIGHSTONE SCHOOL
ASSOCIATION

19th July 2024



SUMMER SIZZLER

HOT DOGS DRINKS FAMILY GAMES

ENTRY £5 PER FAMILY | GATE OPENS AT 5PM

Made with PosterMyWall.com



*Brightstone
CE
Primary
Presents...*

SCIENCE DAY 2024

MONDAY
22ND
JULY

After the spectacular success of our Science Day last year, parents, grandparents and friends are invited to come and speak about what they do, and how science is involved, with one of our classes.

Last year we welcomed: vets; a fishmonger; an aerospace engineer; a water drainage expert; a wind turbine designer; a food technologist and enjoyed a visiting natural history museum.

ALL contributions are welcome than you- even if you participated last year. We'd love to host you in a different class.

Please contact Mrs Denness via the school office.

Respect Charter

at Brighstone C.E. Aided Primary School

At Brighstone C.E. Aided Primary School, we believe staff, parents and children are entitled to a safe and protective environment in which to learn and work. We strive to ensure that our school offers a warm and nurturing environment. All members of the school community and visitors should demonstrate mutual respect, to feel safe, work together and to use restorative approaches as the foundation of our practice. Any behaviour that may lead to feelings of harassment, alarm or distress to members of our community, will not be tolerated and action taken.

Expectations

- That all adults set a good example to children at all times, showing them how to get along with all members of the school and the wider community.
- That no one - staff, governors, parents, carers, volunteers or children - be subjected to abusive behaviour or any form of threats from visitors on the school premises.
- That physical attacks and threatening behaviour, abusive or insulting language, verbal or written (including on social media), to staff, governors, parents, carers, volunteers, children and other users of the school premises will not be tolerated and may lead to a ban from school premises and/or police action.

Types of behaviour that are considered serious and unacceptable

This is not an exhaustive list but seeks to provide illustrations of such behaviour:

- Shouting, either in person or over the telephone
- Speaking in an aggressive/threatening tone
- Physically intimidating; e.g. standing very close
- The use of aggressive hand gestures/exaggerated movements
- Physical threats
- Shaking or holding a fist towards another person
- Swearing and name calling
- Pushing
- Slapping, punching, hitting or kicking
- Racist, homophobic or other hateful behaviour
- Sexist comments or sexual innuendo
- Disrespecting religion or belief
- Inappropriate communications (posting on Social Networking sites, emails or letters, etc.) which could bring the school into disrepute or be deemed as bullying, harassment and/or a hate-related comment

The school reserves the right to take any necessary actions to ensure that members of the school community are not subjected to any form of abuse in line with policy and procedure. If you choose to engage in these behaviours you may be asked to leave the site or the police may be called.

Thank you for your understanding and support

If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

Please be reminded that all children need to wear the correct PE kit on PE days.
The correct PE kit is also needed for sports clubs.
Socks and hair accessories must be in the school colours.

School Day Timings

The school day is as follows:

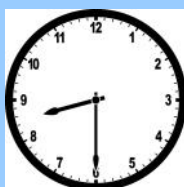
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



Key dates this year

2023-2024 academic year

- Tuesday 9th July: Transition Day
- Friday 12th July: Y6 Leavers' Service at Portsmouth Cathedral
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Friday 19th July: Sports Day
- Friday 19th July: Summer Sizzler
- Monday 22nd July: Science Day
- Tuesday 23rd July: Summer Music Concert at 2pm
- Wednesday 24th July: Forest Day
- Thursday 25th July: Last day of term; Y6 Leavers' Service in St Mary's Church
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

STOP PRESS: School Term Dates for 2024-2025

Please note that the school will be closed on the following days in the next academic year:

Day 1: Monday 2nd September 2024

Day 2: Tuesday 3rd September 2024

Day 3: Monday 2nd June 2025

Day 4: Monday 28th July 2025

Day 5: Tuesday 29th July 2025

Term dates are available on our school website:

<https://www.brightstoneprimary.org.uk/calendar/>

